

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Blenders																		
Butter Pecan Blender	Small	16 oz	623	19.9	16.8	0	33.4	103.2	0	93.9	84.5	6.5	1.1	395.4	201	0	417.7	Peanuts, Milk, Soy
	Medium	24 oz	794	25.1	21.6	0	37.2	132.7	0	120.4	108	8.6	1.4	526	259.4	0	545	Peanuts, Milk, Soy
	Large	32 oz	973	30.7	26.7	0	43.1	162.5	0	147.2	131.1	11.2	1.9	662.5	336.6	0	694.2	Peanuts, Milk, Soy
Caramel Macchiato Blender	Small	16 oz	645	23	18.5	0	42.1	100.9	0	88.2	78.8	6.5	1.1	452.3	201	0	417.7	Milk, Soy
	Medium	24 oz	814	28.6	23.6	0	47.2	128.7	0	112.4	100	8.6	1.4	591	259.4	0	545	Milk, Soy
	Large	32 oz	991	34.6	28.9	0	54.4	156.8	0	137	120.8	11.2	1.9	735.7	336.6	0	694.2	Milk, Soy
Colorado Mocha Blender	Small	16 oz	436	12.8	9	0	33.4	77.9	0	65.1	57.3	6.7	1.1	376.3	189.6	2.5	847.3	Milk, Soy
	Medium	24 oz	559	15.5	11.2	0	37.2	102.3	0	85.2	74.9	8.8	1.4	500.6	244.3	3.4	1117.8	Milk, Soy
	Large	32 oz	689	18.8	13.7	0	43.1	126.9	0	105.8	92.4	11.4	1.9	630.2	317.7	4.2	1406.5	Milk, Soy
Cookies 'n Cream	Small	16 oz	381	16	11	0	40.3	51.8	0	39.2	28.5	6	1.3	256.3	189.2	0.8	407	Milk, Soy, Wheat
	Medium	24 oz	483	19.8	13.8	0	46	67.5	0	50.7	36.6	7.8	1.7	339.1	240.2	1.1	526.5	Milk, Soy, Wheat
	Large	32 oz	595	24.1	17	0	53.9	83.7	0	62.8	44.7	10.1	2.2	429.7	310.5	1.4	669.4	Milk, Soy, Wheat
Fireside Blender	Small	16 oz	538	12.9	8.9	0	40.5	96.9	0	80.2	67.5	8.8	1.1	227.1	331.3	0	547.1	Milk, Soy
	Medium	24 oz	677	15.6	11.1	0	46.7	123.6	0	101.7	85	11.5	1.4	295	428.2	0	715.7	Milk, Soy
	Large	32 oz	825	18.8	13.5	0	55	150.9	0	123.8	102.4	14.8	1.9	370.3	543.8	0	906.8	Milk, Soy
Frozen Campfire Cocoa	Small	16 oz	630	20.8	17.5	0	33.2	101.5	0.8	91.4	76.8	10.2	5.7	505.4	319.8	0.8	365.7	Milk, Soy
	Medium	24 oz	812	26.1	22.5	0	36.7	132.9	1.1	119.5	100.5	13.3	7.3	666.2	409.5	1	475.2	Milk, Soy
	Large	32 oz	1012	31.9	27.7	0	42	166.9	1.4	150.1	125.4	17.3	9.8	848.2	533	1.4	595.5	Milk, Soy
Hazelnut Cream Blender	Small	16 oz	629	19.9	16.8	0	33.4	104.4	0	95.2	85.8	6.5	1.1	395.4	201	0	417.7	Tree Nuts, Milk, Soy
	Medium	24 oz	802	25.1	21.6	0	37.2	134.2	0	121.9	109.4	8.6	1.4	526	259.4	0	545	Tree Nuts, Milk, Soy
	Large	32 oz	982	30.7	26.7	0	43.1	164.3	0	149	132.8	11.2	1.9	662.5	336.6	0	694.2	Tree Nuts, Milk, Soy
Horchata Blender	Small	16 oz	482	12.2	7.3	0	101.9	80.9	0	74.8	60.8	9.6	1.3	307.6	347.3	0	447.7	Milk
	Medium	24 oz	612	14.3	8.7	0	126.5	106.1	0	97.9	80.1	12.2	1.5	401.5	433.3	0	559.3	Milk
	Large	32 oz	738	16.3	10	0	150.3	130.5	0	120.2	98.8	14.7	1.7	492.6	517.1	0	668	Milk
Java Chip	Small	16 oz	417	13.3	10.6	0	15.3	67.8	0	53.8	36.4	10.4	1.3	363	280.4	1.4	735.4	Milk, Soy
	Medium	24 oz	552	17.6	14	0	19.7	90.2	0	71.5	48.6	13.8	1.7	481.4	367.4	1.9	972.6	Milk, Soy
	Large	32 oz	697	22.3	17.7	0	26.1	113.2	0	89.8	60.7	17.6	2.2	607.7	473.7	2.3	1233.2	Milk, Soy

		Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Blenders																			
Mile High Twist Blender		Small	16 oz	490	18.4	9.9	0	33.4	75.9	0.8	62	53.8	9.7	1.1	432.6	200.9	3	926.1	Peanuts, Tree Nuts, Milk, Soy
		Medium	24 oz	641	24.4	12.7	0	37.2	98.6	1.2	79.8	68.9	13.5	1.4	589.6	262.1	4.2	1242.5	Peanuts, Tree Nuts, Milk, Soy
		Large	32 oz	827	33.3	16.1	0	43.1	122.5	1.9	98.4	84	19.2	1.9	775.5	346.8	5.5	1610	Peanuts, Tree Nuts, Milk, Soy
Mocha Blender		Small	16 oz	322	9.2	7.3	0	15.3	58.4	0	45.7	37	7.3	1.3	386.3	197.3	2.5	851.9	Milk, Soy
		Medium	24 oz	426	12.1	9.6	0	19.7	77.6	0	60.6	49.3	9.5	1.7	512.4	256.5	3.4	1128	Milk, Soy
		Large	32 oz	537	15.5	12.2	0	26.1	97.1	0	75.9	61.3	12.3	2.2	643.9	334.6	4.2	1422.4	Milk, Soy
Peanut Butter Mocha Blender		Small	16 oz	440	18.4	9.9	0	33.4	64	0.8	50.1	41.9	9.7	1.1	432.6	200.9	3	926.1	Peanuts, Tree Nuts, Milk, Soy
		Medium	24 oz	581	24.4	12.7	0	37.2	84.3	1.2	65.5	54.6	13.5	1.4	589.6	262.1	4.2	1242.5	Peanuts, Tree Nuts, Milk, Soy
		Large	32 oz	757	33.3	16.1	0	43.1	105.9	1.9	81.8	67.4	19.2	1.9	775.5	346.8	5.5	1610	Peanuts, Tree Nuts, Milk, Soy
Raspberry Truffle Blender		Small	16 oz	544	12.9	8.9	0	40.5	98.8	0	82.1	69.3	8.8	1.1	227.1	331.3	0	547.1	Milk, Soy
		Medium	24 oz	684	15.6	11.1	0	46.7	125.9	0	104	87.2	11.5	1.4	295	428.2	0	715.7	Milk, Soy
		Large	32 oz	834	18.8	13.5	0	55	153.5	0	126.5	105.1	14.8	1.9	370.3	543.8	0	906.8	Milk, Soy
Reduced Sugar Vanilla Blender		Small	16 oz	424	9.4	8.1	0	114.6	74.6	0	16.6	3	9.4	1.3	258.6	289.1	0	370.4	Milk
		Medium	24 oz	553	11.9	10.4	0	150	98.5	0	21.3	4	11.9	1.5	334.3	359.9	0	462.6	Milk
		Large	32 oz	679	14.3	12.6	0	184.7	122.1	0	25.8	4.9	14.3	1.7	408.8	429.7	0	553.7	Milk
Salted Caramel Blender		Small	16 oz	648	19.9	16.8	0	33.4	109.4	0	98.9	89.5	6.5	1.1	526.7	201	0	417.7	Milk, Soy
		Medium	24 oz	824	25.1	21.6	0	37.2	140.2	0	126.4	114	8.6	1.4	683.5	259.4	0	545	Milk, Soy
		Large	32 oz	1008	30.7	26.7	0	43.1	171.3	0	154.2	138.1	11.2	1.9	846.3	336.6	0	694.2	Milk, Soy
Toffee Nut Blender		Small	16 oz	640	20.4	17	0	34.6	105.9	0	95.5	86	6.5	1.1	403.6	201	0	417.7	Milk, Tree Nuts, Soy
		Medium	24 oz	812	25.5	21.9	0	38.4	135.3	0	121.7	109.2	8.6	1.4	534.2	259.4	0	545	Milk, Tree Nuts, Soy
		Large	32 oz	991	31.1	26.9	0	44.4	165	0	148.3	132.1	11.2	1.9	670.7	336.7	0	694.2	Milk, Tree Nuts, Soy
Turtle Blender		Small	16 oz	472	14.5	10	0	38.4	82.2	0	67.4	59.6	6.7	1.1	408.8	189.6	2.5	847.3	Peanuts, Milk, Soy
		Medium	24 oz	601	17.7	12.5	0	43.4	106.9	0	87.4	77.2	8.8	1.4	541.1	244.3	3.4	1117.8	Peanuts, Milk, Soy
		Large	32 oz	737	21.4	15.2	0	50.6	132	0	107.8	94.5	11.4	1.9	678.9	317.7	4.2	1406.5	Peanuts, Milk, Soy
Vanilla Blender		Small	16 oz	534	20.6	17.2	0	36.1	79	0	69.8	59.5	7.1	1.3	405.3	225.2	0	447.2	Milk, Soy
		Medium	24 oz	679	25.4	21.8	0	38.3	103	0	90.7	78	8.9	1.5	530	269	0	556.7	Milk, Soy
		Large	32 oz	821	30.1	26.3	0	40.4	126.7	0	111.4	96.1	10.6	1.7	652.6	312.4	0	664.7	Milk, Soy
White Mocha Blender		Small	16 oz	499	13.5	9.3	0	43.2	85.3	0	68.5	55	9.4	1.3	237	355.6	0	576.6	Milk, Soy
		Medium	24 oz	631	16.4	11.5	0	49.9	109.6	0	87.8	70	12.3	1.7	306.8	457	0	750.8	Milk, Soy
		Large	32 oz	771	19.7	14.1	0	58.7	134.5	0	107.5	84.9	15.6	2.2	384	577.2	0	947.5	Milk, Soy

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Blenders																		
White Peanut Butter Mocha Blender	Small	16 oz	555	18.5	9.8	0	40.5	86.7	0.8	68.8	55.7	11.8	1.1	283.3	342.6	0.5	625.9	Peanuts, Tree Nuts, Milk, Soy
	Medium	24 oz	724	24.5	12.5	0	46.7	112.2	1.2	88.5	71.2	16.3	1.4	384	446	0.8	840.4	Peanuts, Tree Nuts, Milk, Soy
	Large	32 oz	929	33.4	16	0	55	139.2	1.9	109.2	86.9	22.5	1.9	515.6	572.8	1.3	1110.2	Peanuts, Tree Nuts, Milk, Soy
Chai																		
Frozen Banana Bread Original Chai	Small	16 oz	679	22.3	17.9	0	36	114.7	0.9	103.2	97.7	5.2	0	370.8	150.1	0	341.9	Milk, Soy
	Medium	24 oz	874	28.4	23.3	0	41	148.9	1.2	133.4	126	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	1084	34.4	28.5	0	46	187.2	1.6	167.8	158.6	8.6	0	619.4	239.3	0	554	Milk, Soy
Frozen Banana Bread Spicy Chai	Small	16 oz	679	22.3	17.9	0	36	114.7	0.9	103.2	97.7	5.2	0	370.8	150.1	0	341.9	Milk, Soy
	Medium	24 oz	874	28.4	23.3	0	41	148.9	1.2	133.4	126	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	1084	34.4	28.5	0	46	187.2	1.6	167.8	158.6	8.6	0	619.4	239.3	0	554	Milk, Soy
Frozen Banana Bread Vanilla Bee Chai	Small	16 oz	697	22.3	17.9	0	36	120.2	0.9	108.7	103.2	5.2	0	370.8	150.1	0	341.9	Milk, Soy
	Medium	24 oz	897	28.4	23.3	0	41	155.9	1.2	140.4	133	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	1116	34.4	28.5	0	46	196.7	1.6	177.3	168.1	8.6	0	619.4	239.3	0	554	Milk, Soy
Frozen Original Chai	Small	16 oz	631	22.4	18	0	36	103.3	0.9	91.6	86.1	5.2	0	372.8	150.6	0	343.3	Milk, Soy
	Medium	24 oz	814	28.4	23.3	0	41	134.6	1.2	119.2	111.8	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	954	34.4	28.5	0	46	155.6	1.1	136.7	127.5	8.6	0	619.4	239.3	0	554	Milk, Soy
Frozen Spicy Chai	Small	16 oz	631	22.4	18	0	36	103.3	0.9	91.6	86.1	5.2	0	372.8	150.6	0	343.3	Milk, Soy
	Medium	24 oz	814	28.4	23.3	0	41	134.6	1.2	119.2	111.8	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	954	34.4	28.5	0	46	155.6	1.1	136.7	127.5	8.6	0	619.4	239.3	0	554	Milk, Soy
Frozen Vanilla Bee Chai	Small	16 oz	649	22.4	18	0	36	108.8	0.9	97.1	91.6	5.2	0	372.8	150.6	0	343.3	Milk, Soy
	Medium	24 oz	837	28.4	23.3	0	41	141.6	1.2	126.2	118.8	6.9	0	497.1	195.1	0	449.4	Milk, Soy
	Large	32 oz	976	34.4	28.5	0	46	162.1	1.1	143.2	134	8.6	0	619.4	239.3	0	554	Milk, Soy
Hot Banana Bread Original Chai	Small	16 oz	300	6.4	4	0	28	53.2	1.1	52.1	43.3	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	368	7.9	4.9	0	34.5	65.1	1.3	63.8	52.9	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	455	9.9	6.2	0	43.1	80.2	1.7	78.5	65	9.9	3.7	147.9	369.7	0	468.2	Milk
Hot Banana Bread Spicy Chai	Small	16 oz	300	6.4	4	0	28	53.2	1.1	52.1	43.3	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	368	7.9	4.9	0	34.5	65.1	1.3	63.8	52.9	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	455	9.9	6.2	0	43.1	80.2	1.7	78.5	65	9.9	3.7	147.9	369.7	0	468.2	Milk

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Chai																		
Hot Banana Bread Vanilla Bee Chai	Small	16 oz	322	6.4	4	0	28	59.7	1.1	58.6	49.8	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	395	7.9	4.9	0	34.5	73.1	1.3	71.8	60.9	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	488	9.9	6.2	0	43.1	90.2	1.7	88.5	75	9.9	3.7	147.9	369.7	0	468.2	Milk
Hot Original Chai	Small	16 oz	250	6.4	4	0	28	41.3	1.1	40.2	31.4	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	308	7.9	4.9	0	34.5	50.8	1.3	49.5	38.7	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	385	9.9	6.2	0	43.1	63.6	1.7	61.9	48.3	9.9	3.7	147.9	369.7	0	468.2	Milk
Hot Spicy Chai	Small	16 oz	250	6.4	4	0	28	41.3	1.1	40.2	31.4	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	308	7.9	4.9	0	34.5	50.8	1.3	49.5	38.7	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	385	9.9	6.2	0	43.1	63.6	1.7	61.9	48.3	9.9	3.7	147.9	369.7	0	468.2	Milk
Hot Vanilla Bee Chai	Small	16 oz	272	6.4	4	0	28	47.8	1.1	46.7	37.9	6.4	2.4	96.1	240.3	0	304.4	Milk
	Medium	20 oz	335	7.9	4.9	0	34.5	58.8	1.3	57.5	46.7	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	418	9.9	6.2	0	43.1	73.6	1.7	71.9	58.3	9.9	3.7	147.9	369.7	0	468.2	Milk
Iced Banana Bread Original Chai with	Small	16 oz	342	12.9	11.1	0	21.6	49.7	0.8	46.8	40	4.9	1.8	103.9	204.8	0	254.1	Milk, Soy
Sweet Cream Cold Foam	Medium	24 oz	429	14.9	12.3	0	30.2	64.7	1.2	61.6	52.1	6.9	2.6	133.5	278.8	0	347.8	Milk, Soy
	Large	32 oz	516	16.9	13.5	0	38.8	79.8	1.5	76.3	64.1	8.9	3.3	163.1	352.7	0	441.4	Milk, Soy
Iced Banana Bread Spicy Chai with	Small	16 oz	342	12.9	11.1	0	21.6	49.7	0.8	46.8	40	4.9	1.8	103.9	204.8	0	254.1	Milk, Soy
Sweet Cream Cold Foam	Medium	24 oz	429	14.9	12.3	0	30.2	64.7	1.2	61.6	52.1	6.9	2.6	133.5	278.8	0	347.8	Milk, Soy
	Large	32 oz	516	16.9	13.5	0	38.8	79.8	1.5	76.3	64.1	8.9	3.3	163.1	352.7	0	441.4	Milk, Soy
Iced Banana Bread Vanilla Bee Chai with	Small	16 oz	359	12.9	11.1	0	21.6	54.7	0.8	51.8	45	4.9	1.8	103.9	204.8	0	254.1	Milk, Soy
Sweet Cream Cold Foam	Medium	24 oz	453	14.9	12.3	0	30.2	71.7	1.2	68.6	59.1	6.9	2.6	133.5	278.8	0	347.8	Milk, Soy
	Large	32 oz	546	16.9	13.5	0	38.8	88.8	1.5	85.3	73.1	8.9	3.3	163.1	352.7	0	441.4	Milk, Soy
Iced Original Chai	Small	16 oz	192	4.9	3.1	0	21.6	31.8	0.8	30.9	24.2	4.9	1.8	73.9	184.8	0	234.1	Milk
	Medium	24 oz	269	6.9	4.3	0	30.2	44.5	1.2	43.3	33.8	6.9	2.6	103.5	258.8	0	327.8	Milk
	Large	32 oz	346	8.9	5.5	0	38.8	57.2	1.5	55.7	43.5	8.9	3.3	133.1	332.7	0	421.4	Milk
Iced Spicy Chai	Small	16 oz	192	4.9	3.1	0	21.6	31.8	0.8	30.9	24.2	4.9	1.8	73.9	184.8	0	234.1	Milk
	Medium	24 oz	269	6.9	4.3	0	30.2	44.5	1.2	43.3	33.8	6.9	2.6	103.5	258.8	0	327.8	Milk
	Large	32 oz	346	8.9	5.5	0	38.8	57.2	1.5	55.7	43.5	8.9	3.3	133.1	332.7	0	421.4	Milk

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	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Chai																		
Iced Vanilla Bee Chai	Small	16 oz	209	4.9	3.1	0	21.6	36.8	0.8	35.9	29.2	4.9	1.8	73.9	184.8	0	234.1	Milk
	Medium	24 oz	293	6.9	4.3	0	30.2	51.5	1.2	50.3	40.8	6.9	2.6	103.5	258.8	0	327.8	Milk
	Large	32 oz	376	8.9	5.5	0	38.8	66.2	1.5	64.7	52.5	8.9	3.3	133.1	332.7	0	421.4	Milk
Dirty Soda - Floated Dirty Soda																		
Bruce	Small	16 oz	433	8.6	8.6	0	0	89	0	81.7	78	2.8	0	261.4	49.3	0	172.1	Milk, Soy
	Medium	24 oz	625	12.9	12.9	0	0	127.3	0	116.9	111.4	4	0	389.1	73.9	0	258.1	Milk, Soy
	Large	32 oz	824	17.2	17.2	0	0	167.5	0	154.1	146.7	5.2	0	516	98.5	0	344.2	Milk, Soy
Casual Friday	Small	16 oz	446	9.7	8.6	0	0	90.7	0	84.5	80.9	2.5	0	260.4	49.2	0	172.1	Sulfites, Milk Derivative, Milk, Soy
	Medium	24 oz	646	14.3	12.8	0	0	130.6	0	121.4	115.9	3.7	0	385.8	73.3	0	256.7	Sulfites, Milk Derivative, Milk, Soy
	Large	32 oz	867	19.5	17.2	0	0	174.5	0	162.2	154.9	4.9	0	515.8	98.3	0	344.2	Sulfites, Milk Derivative, Milk, Soy
Cherried Away	Small	16 oz	469	8.6	8.6	0	0	97.6	0.1	90.2	85.3	2.5	0	272.1	49.2	0	172.1	Milk, Soy
	Medium	24 oz	655	12.8	12.8	0	0	134.3	0.1	123.9	117.2	3.7	0	402.5	73.3	0	256.7	Milk, Soy
	Large	32 oz	871	17.2	17.2	0	0	177.9	0.2	164.2	155.5	4.9	0	535.8	98.3	0	344.2	Milk, Soy
Diet Casual Friday	Small	16 oz	330	9.7	8.6	0	0	59.1	0	52.9	49.2	2.5	0	287.4	49.2	0	172.1	Sulfites, Milk Derivative, Aspartame, Milk
	Medium	24 oz	483	14.3	12.8	0	0	86.2	0	77	71.5	3.7	0	423.8	73.3	0	256.7	Sulfites, Milk Derivative, Aspartame, Milk
	Large	32 oz	661	19.5	17.2	0	0	118.2	0	105.9	98.5	4.9	0	564	98.3	0	344.2	Sulfites, Milk Derivative, Aspartame, Milk
Diet Grand Prix	Small	16 oz	347	8.6	8.6	0	0.5	64.9	0	58.5	53.4	3.4	0.4	300.4	86.1	0	222.6	Aspartame, Milk, Soy
	Medium	24 oz	496	12.8	12.8	0	0.7	91.5	0	82.1	74.4	5.1	0.6	444.6	128.8	0	332.4	Aspartame, Milk, Soy
	Large	32 oz	672	17.2	17.2	0	1	124.4	0	111.7	101.4	6.9	0.7	591.3	172.3	0	445.2	Aspartame, Milk, Soy
Diet Island Cola	Small	16 oz	327	9.7	8.6	0	0	57.6	0	51.4	47.8	2.5	0	287.4	49.2	0	172.1	Milk Derivative, Aspartame, Milk, Soy
	Medium	24 oz	478	14.3	12.8	0	0	84.2	0	75	69.5	3.7	0	423.8	73.3	0	256.7	Milk Derivative, Aspartame, Milk, Soy
	Large	32 oz	653	19.5	17.2	0	0	115.2	0	102.9	95.5	4.9	0	564	98.3	0	344.2	Milk Derivative, Aspartame, Milk, Soy
Diet Lime M.D.	Small	16 oz	300	8.6	8.6	0	0	54.2	0	48.1	44.4	2.5	0	278.9	49.2	0	172.1	Sulfites, Milk, Soy, Aspartame
	Medium	24 oz	446	12.9	12.9	0	0	80.1	0	70.8	65.3	3.7	0	414.5	73.8	0	258.1	Sulfites, Milk, Soy, Aspartame
	Large	32 oz	601	17.2	17.2	0	0	108.4	0	96.1	88.8	4.9	0	548.7	98.3	0	344.2	Sulfites, Milk, Soy, Aspartame
Diet Peach Please	Small	16 oz	304	8.6	8.6	0	0	55.7	0	49.6	45.9	2.5	0	279.8	49.2	0	172.1	Milk, Soy, Aspartame
	Medium	24 oz	451	12.9	12.9	0	0	82.1	0	72.8	67.3	3.7	0	415.3	73.8	0	258.1	Milk, Soy, Aspartame
	Large	32 oz	608	17.2	17.2	0	0	111.4	0	99.1	91.8	4.9	0	549.6	98.3	0	344.2	Milk, Soy, Aspartame

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Dirty Soda - Floated Dirty Soda																		
Diet Pop Star	Small	16 oz	320	8.6	8.6	0	0	59.5	0	52.3	47.6	2.5	0	285	49.2	0	172.1	Sulfites, Aspartame, Milk, Soy
	Medium	24 oz	456	12.9	12.9	0	0	82.8	0	72.6	66.1	3.7	0	423.4	73.8	0	258.1	Sulfites, Aspartame, Milk, Soy
	Large	32 oz	611	17.2	17.2	0	0	111	0	97.8	89.4	4.9	0	560.5	98.3	0	344.2	Sulfites, Aspartame, Milk, Soy
Diet Ridin' Dirty	Small	16 oz	327	9.7	8.6	0	0	58	0	51.8	48.1	2.5	0	283.5	49.2	0	172.1	Milk Derivative, Aspartame, Milk, Soy
	Medium	24 oz	481	14.4	12.9	0	0	85.1	0	75.8	70.3	3.7	0	420.3	73.8	0	258.1	Milk Derivative, Aspartame, Milk, Soy
	Large	32 oz	653	19.5	17.2	0	0	115.9	0	103.6	96.2	4.9	0	557.1	98.3	0	344.2	Milk Derivative, Aspartame, Milk, Soy
Diet Very Cherry	Small	16 oz	320	8.6	8.6	0	0	59.5	0	52.3	47.6	2.5	0	279.8	49.2	0	172.1	Milk, Soy, Aspartame
	Medium	24 oz	456	12.9	12.9	0	0	82.8	0	72.6	66.1	3.7	0	415.3	73.8	0	258.1	Milk, Soy, Aspartame
	Large	32 oz	611	17.2	17.2	0	0	111	0	97.8	89.4	4.9	0	549.6	98.3	0	344.2	Milk, Soy, Aspartame
Dragon Juice	Small	16 oz	420	8.6	8.6	0	0	85.8	0	79.6	75.9	2.5	0	260.5	49.2	0	172.1	Milk, Soy
	Medium	24 oz	613	12.9	12.9	0	0	124.3	0	115.1	109.6	3.7	0	388.2	73.8	0	258.1	Milk, Soy
	Large	32 oz	815	17.2	17.2	0	0	165	0	152.8	145.4	4.9	0	515.2	98.3	0	344.2	Milk, Soy
Grand Prix	Small	16 oz	465	8.6	8.6	0	0.5	97.4	0	91	85.8	3.4	0.4	272.7	86.1	0	222.6	Milk, Soy
	Medium	24 oz	667	12.9	12.9	0	0.7	138	0	128.6	120.8	5.2	0.6	407.2	129.2	0	333.9	Milk, Soy
	Large	32 oz	887	17.2	17.2	0	1	183.3	0	170.6	160.3	6.9	0.7	541	172.3	0	445.2	Milk, Soy
Island Cola	Small	16 oz	442	9.7	8.6	0	0	89.2	0	83	79.4	2.5	0	260.4	49.2	0	172.1	Milk Derivative, Milk, Soy
	Medium	24 oz	643	14.4	12.9	0	0	129	0	119.8	114.2	3.7	0	387.8	73.8	0	258.1	Milk Derivative, Milk, Soy
	Large	32 oz	860	19.5	17.2	0	0	171.5	0	159.2	151.9	4.9	0	515.8	98.3	0	344.2	Milk Derivative, Milk, Soy
Lime M.D.	Small	16 oz	408	8.6	8.6	0	0	82.9	0	76	72.3	2.5	0	265.8	49.2	0	179.2	Sulfites, Milk, Soy
	Medium	24 oz	597	12.9	12.9	0	0	120.5	0	110.3	104.8	3.7	0	395.8	73.8	0	268.2	Sulfites, Milk, Soy
	Large	32 oz	794	17.2	17.2	0	0	159.9	0	146.4	139	4.9	0	525	98.3	0	357	Sulfites, Milk, Soy
Mug Life	Small	16 oz	456	12.8	10.7	0	21	85.2	0	78	73.4	2.5	0	269.6	66	0	197.3	Milk, Soy
	Medium	24 oz	636	17.1	15	0	21	121.1	0	110.9	104.4	3.7	0	400.9	90.6	0	283.3	Milk, Soy
	Large	32 oz	815	21.4	19.3	0	21	156.7	0	143.4	135	4.9	0	531.8	115.1	0	369.4	Milk, Soy
Neon Wave	Small	16 oz	469	8.6	8.6	0	0.5	97	0	90.9	85.7	3.4	0.4	288.5	86.1	0	222.6	Sulfites, Milk, Soy
	Medium	24 oz	687	12.9	12.9	0	0.7	141.4	0	132.2	124.4	5.2	0.6	429.7	129.2	0	333.9	Sulfites, Milk, Soy
	Large	32 oz	912	17.2	17.2	0	1	187.6	0	175.3	165	6.9	0.7	569.8	172.3	0	445.2	Sulfites, Milk, Soy
Peach Please	Small	16 oz	414	8.6	8.6	0	0	84.9	0	78	74.3	2.5	0	266.4	49.2	0	179.4	Milk, Soy
	Medium	24 oz	604	12.9	12.9	0	0	123.1	0	112.8	107.3	3.7	0	396.4	73.8	0	268.4	Milk, Soy
	Large	32 oz	804	17.2	17.2	0	0	163.5	0	149.9	142.5	4.9	0	525.6	98.3	0	357.2	Milk, Soy

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Dirty Soda - Floated Dirty Soda																		
Pool Party	Small	16 oz	477	9.7	8.6	0	0	96.5	0	89.1	84.4	2.5	0	264.3	78.2	0	172.1	Milk Derivative, Milk, Soy
	Medium	24 oz	668	14.4	12.9	0	0	133.3	0	122.8	116.3	3.7	0	393.2	102.8	0	258.1	Milk Derivative, Milk, Soy
	Large	32 oz	885	19.5	17.2	0	0	175.5	0	161.9	153.5	4.9	0	522.7	127.3	0	344.2	Milk Derivative, Milk, Soy
Pop Star	Small	16 oz	439	8.6	8.6	0	0	91.9	0	84.8	80.1	2.5	0	257.3	49.2	0	172.1	Sulfites, Milk, Soy
	Medium	24 oz	624	12.9	12.9	0	0	128.9	0	118.7	112.2	3.7	0	384.1	73.8	0	258.1	Sulfites, Milk, Soy
	Large	32 oz	826	17.2	17.2	0	0	170	0	156.7	148.3	4.9	0	510.2	98.3	0	344.2	Sulfites, Milk, Soy
Ridin' Dirty	Small	16 oz	436	9.7	8.6	0	0	87.1	0	80.3	76.6	2.5	0	270.1	49.2	0	179.4	Milk Derivative, Milk, Soy
	Medium	24 oz	634	14.4	12.9	0	0	126.1	0	115.8	110.3	3.7	0	401.4	73.8	0	268.4	Milk Derivative, Milk, Soy
	Large	32 oz	849	19.5	17.2	0	0	168	0	154.4	147	4.9	0	533.1	98.3	0	357.2	Milk Derivative, Milk, Soy
Rootin' Tootin'	Small	16 oz	411	8.6	8.6	0	0	84.7	0	78.6	74.9	2.5	0	269.2	49.2	0	172.1	Milk, Soy
	Medium	24 oz	603	12.9	12.9	0	0	123.4	0	114.2	108.7	3.7	0	400.9	73.8	0	258.1	Milk, Soy
	Large	32 oz	802	17.2	17.2	0	0	163.7	0	151.4	144.1	4.9	0	531.8	98.3	0	344.2	Milk, Soy
Rose Gold	Small	16 oz	444	8.6	8.6	0	0	91.6	0	85.2	81.5	2.5	0	272.1	49.2	0	172.1	Milk, Soy
	Medium	24 oz	632	12.9	12.9	0	0	128.7	0	119.3	113.7	3.7	0	404.5	73.8	0	258.1	Milk, Soy
	Large	32 oz	838	17.2	17.2	0	0	170.4	0	157.8	150.4	4.9	0	535.8	98.3	0	344.2	Milk, Soy
Solar Flare	Small	16 oz	470	9.7	8.6	0	0	95.4	0	89	85.3	2.5	0	275.8	49.2	0	172.1	Milk Derivative, Milk, Soy
	Medium	24 oz	667	14.4	12.9	0	0	133.7	0	124.3	118.7	3.7	0	409.5	73.8	0	258.1	Milk Derivative, Milk, Soy
	Large	32 oz	891	19.5	17.2	0	0	177.9	0	165.2	157.9	4.9	0	543.3	98.3	0	344.2	Milk Derivative, Milk, Soy
Stardust Sipper	Small	16 oz	445	8.6	8.6	0	0	91.4	0	84.2	79.6	2.5	0	260.5	78.2	0	172.1	Milk, Soy
	Medium	24 oz	638	12.9	12.9	0	0	129.8	0	119.6	113.1	3.7	0	388.2	102.8	0	258.1	Milk, Soy
	Large	32 oz	840	17.2	17.2	0	0	170.3	0	157	148.6	4.9	0	515.2	127.3	0	344.2	Milk, Soy
Summer Crush	Small	16 oz	467	8.6	8.6	0	0	98.4	0.1	90	86	2.8	0	350.8	49.5	0	172.4	Milk, Soy
	Medium	24 oz	661	12.9	12.9	0	0	137.2	0.1	125.8	120	4	0	514.5	74.1	0	258.5	Milk, Soy
	Large	32 oz	871	17.2	17.2	0	0	180.5	0.2	165.8	158.1	5.2	0	675	98.7	0	344.5	Milk, Soy
Sunset Blvd	Small	16 oz	476	8.6	8.6	0	0	99.6	0.1	91	87	2.8	0	262.2	49.5	0	172.4	Milk, Soy
	Medium	24 oz	658	12.9	12.9	0	0	135.1	0.1	123.4	117.6	4	0	389.9	74.1	0	258.5	Milk, Soy
	Large	32 oz	867	17.2	17.2	0	0	177.6	0.2	162.6	154.8	5.2	0	516.9	98.7	0	344.5	Milk, Soy
Tickled Pink Lemonade	Small	16 oz	436	8.6	8.6	0	0	89.8	0.4	82.5	77.9	2.5	0	307.2	52.3	0.1	200.8	Milk, Soy
	Medium	24 oz	621	12.9	12.9	0	0	126.3	0.4	115.9	109.5	3.8	0	454.8	76.9	0.1	286.8	Milk, Soy
	Large	32 oz	826	17.2	17.2	0	0	167.8	0.4	154.2	146	5	0	602.4	101.4	0.1	372.9	Milk, Soy

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Dirty Soda - Floated Dirty Soda																		
Tropic Like It's Hot	Small	16 oz	441	8.6	8.6	0	0	91.9	0.2	85.6	80.3	2.6	0	352.4	50.5	0	191.8	Milk, Soy
	Medium	24 oz	626	13	12.9	0	0	128.6	0.2	119.2	112.1	3.8	0	519.2	75	0	277.8	Milk, Soy
	Large	32 oz	831	17.3	17.2	0	0	170.3	0.2	157.8	148.9	5	0	682.8	99.6	0	363.9	Milk, Soy
Very Cherry	Small	16 oz	430	8.6	8.6	0	0	88.6	0	80.8	76.1	2.5	0	266.4	49.2	0	179.4	Milk, Soy
	Medium	24 oz	609	12.9	12.9	0	0	123.8	0	112.6	106	3.7	0	396.4	73.8	0	268.4	Milk, Soy
	Large	32 oz	806	17.2	17.2	0	0	163.1	0	148.5	140.1	4.9	0	525.6	98.3	0	357.2	Milk, Soy
Dirty Soda - Frozen Dirty Soda																		
Bruce	Small	16 oz	190	1.1	0	0	0	47.8	0	46.6	46.6	0.3	0	25.7	0.2	0	0	Milk Derivative
	Medium	24 oz	264	1.5	0	0	0	66.7	0	65.6	65.6	0.3	0	37.9	0.2	0	0	Milk Derivative
	Large	32 oz	363	2.2	0	0	0	91.6	0	90.5	90.5	0.3	0	50.6	0.2	0	0	Milk Derivative
Casual Friday	Small	16 oz	178	1.1	0	0	0	43.9	0	43.9	43.9	0	0	20.5	0	0	0	Sulfites, Milk Derivative
	Medium	24 oz	254	1.5	0	0	0	63.3	0	63.3	63.3	0	0	30.8	0	0	0	Sulfites, Milk Derivative
	Large	32 oz	357	2.2	0	0	0	88.4	0	88.4	88.4	0	0	41.4	0	0	0	Sulfites, Milk Derivative
Cherried Away	Small	16 oz	200	0	0	0	0	50.3	0.1	49.1	47.8	0	0	27.1	0	0	0	None
	Medium	24 oz	256	0	0	0	0	65	0.1	63.8	62.5	0	0	43.8	0	0	0	None
	Large	32 oz	351	0	0	0	0	88.7	0.2	87.3	85.9	0	0	57.3	0	0	0	None
Diet Casual Friday	Small	16 oz	94	1.1	0	0	0	21	0	21	21	0	0	40	0	0	0	Sulfites, Milk Derivative, Aspartame
	Medium	24 oz	125	1.5	0	0	0	28	0	28	28	0	0	61	0	0	0	Sulfites, Milk Derivative, Aspartame
	Large	32 oz	188	2.2	0	0	0	42	0	42	42	0	0	81.1	0	0	0	Sulfites, Milk Derivative, Aspartame
Diet Grand Prix	Small	16 oz	119	0	0	0	0.5	29.2	0	28.7	27.2	1	0.4	53.3	37	0	50.5	Aspartame, Milk
	Medium	24 oz	135	0	0	0	0.7	32.8	0	32.3	30.1	1.5	0.6	82.7	55.4	0	75.8	Aspartame, Milk
	Large	32 oz	195	0	0	0	1	47.5	0	46.7	43.8	2	0.7	109.3	73.9	0	101	Aspartame, Milk
Diet Island Cola	Small	16 oz	86	1.1	0	0	0	18	0	18	18	0	0	43	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	115	1.5	0	0	0	24	0	24	24	0	0	64.6	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	173	2.2	0	0	0	36	0	36	36	0	0	86	0	0	0	Milk Derivative, Aspartame
Diet Lime M.D.	Small	16 oz	83	1.1	0	0	0	18.8	0	18.8	18.8	0	0	37.2	0	0	0	Sulfites, Milk Derivative, Aspartame
	Medium	24 oz	110	1.5	0	0	0	25	0	25	25	0	0	56.6	0	0	0	Sulfites, Milk Derivative, Aspartame
	Large	32 oz	165	2.2	0	0	0	37.5	0	37.5	37.5	0	0	75.4	0	0	0	Sulfites, Milk Derivative, Aspartame

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	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Dirty Soda - Frozen Dirty Soda																		
Diet Peach Please	Small	16 oz	90	1.1	0	0	0	21.8	0	21.8	21.8	0	0	40	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	120	1.5	0	0	0	29	0	29	29	0	0	60	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	180	2.2	0	0	0	43.5	0	43.5	43.5	0	0	80	0	0	0	Milk Derivative, Aspartame
Diet Pop Star	Small	16 oz	90	0	0	0	0	22.5	0	21.5	20.5	0	0	37	0	0	0	Sulfites, Aspartame
	Medium	24 oz	90	0	0	0	0	22.5	0	21.5	20.5	0	0	57.7	0	0	0	Sulfites, Aspartame
	Large	32 oz	130	0	0	0	0	32.2	0	31.2	30.2	0	0	77.6	0	0	0	Sulfites, Aspartame
Diet Ridin' Dirty	Small	16 oz	86	1.1	0	0	0	18.8	0	18.8	18.8	0	0	40	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	115	1.5	0	0	0	25	0	25	25	0	0	60	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	173	2.2	0	0	0	37.5	0	37.5	37.5	0	0	80	0	0	0	Milk Derivative, Aspartame
Diet Very Cherry	Small	16 oz	113	1.1	0	0	0	26.2	0	25.2	24.2	0	0	36.8	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	120	1.5	0	0	0	27.5	0	26.5	25.5	0	0	57.5	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	175	2.2	0	0	0	39.8	0	38.8	37.8	0	0	76.2	0	0	0	Milk Derivative, Aspartame
Dragon Juice	Small	16 oz	181	1.1	0	0	0	45.3	0	45.3	45.3	0	0	24.9	0	0	0	Milk Derivative
	Medium	24 oz	258	1.5	0	0	0	64.8	0	64.8	64.8	0	0	37.1	0	0	0	Milk Derivative
	Large	32 oz	374	2.2	0	0	0	93.9	0	93.9	93.9	0	0	52.7	0	0	0	Milk Derivative
Grand Prix	Small	16 oz	206	0	0	0	0.5	53.1	0	52.6	51.2	1	0.4	32.9	37	0	50.5	Milk
	Medium	24 oz	273	0	0	0	0.7	70.4	0	69.9	67.7	1.5	0.6	50.6	55.4	0	75.8	Milk
	Large	32 oz	376	0	0	0	1	97	0	96.2	93.3	2	0.7	67.1	73.9	0	101	Milk
Island Cola	Small	16 oz	177	1.1	0	0	0	42.8	0	42.8	42.8	0	0	21.9	0	0	0	Milk Derivative
	Medium	24 oz	253	1.5	0	0	0	61.6	0	61.6	61.6	0	0	32.5	0	0	0	Milk Derivative
	Large	32 oz	354	2.2	0	0	0	85.5	0	85.5	85.5	0	0	43.8	0	0	0	Milk Derivative
Lime M.D.	Small	16 oz	162	1.1	0	0	0	39.9	0	39.4	39.4	0	0	27.5	0	0	5.3	Sulfites, Milk Derivative
	Medium	24 oz	232	1.5	0	0	0	57.6	0	56.8	56.8	0	0	41.7	0	0	8.1	Sulfites, Milk Derivative
	Large	32 oz	326	2.2	0	0	0	80.3	0	79.3	79.3	0	0	55.7	0	0	10.7	Sulfites, Milk Derivative
Mug Life	Small	16 oz	184	5.3	2.1	0	21	35.7	0	34.7	33.7	0	0	32.3	16.8	0	25.2	Milk Derivative, Milk
	Medium	24 oz	237	5.7	2.1	0	21	49.6	0	48.6	47.6	0	0	48.1	16.8	0	25.2	Milk Derivative, Milk
	Large	32 oz	296	6.4	2.1	0	21	64.3	0	63.3	62.3	0	0	64.7	16.8	0	25.2	Milk Derivative, Milk
Neon Wave	Small	16 oz	194	0	0	0	0.5	49.7	0	49.7	48.2	1	0.4	44.9	37	0	50.5	Sulfites, Milk
	Medium	24 oz	284	0	0	0	0.7	72.6	0	72.6	70.3	1.5	0.6	68.2	55.4	0	75.8	Sulfites, Milk
	Large	32 oz	390	0	0	0	1	100	0	100	97	2	0.7	90.5	73.9	0	101	Sulfites, Milk

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Dirty Soda - Frozen Dirty Soda																		
Peach Please	Small	16 oz	176	1.1	0	0	0	44.6	0	44	44	0	0	29.5	0	0	5.7	Milk Derivative
	Medium	24 oz	250	1.5	0	0	0	63.7	0	62.8	62.8	0	0	44	0	0	8.7	Milk Derivative
	Large	32 oz	352	2.2	0	0	0	89.2	0	88.1	88.1	0	0	59	0	0	11.4	Milk Derivative
Pool Party	Small	16 oz	214	1.1	0	0	0	51.3	0	49.8	48.8	0	0	23.1	29	0	0	Milk Derivative
	Medium	24 oz	271	1.5	0	0	0	65.1	0	63.6	62.6	0	0	35.6	29	0	0	Milk Derivative
	Large	32 oz	369	2.2	0	0	0	88.2	0	86.4	85.4	0	0	47.6	29	0	0	Milk Derivative
Pop Star	Small	16 oz	175	0	0	0	0	45.8	0	44.8	43.8	0	0	17.1	0	0	0	Sulfites
	Medium	24 oz	223	0	0	0	0	58.9	0	57.9	56.9	0	0	26.6	0	0	0	Sulfites
	Large	32 oz	309	0	0	0	0	81.2	0	80.2	79.2	0	0	35.8	0	0	0	Sulfites
Ridin' Dirty	Small	16 oz	172	1.1	0	0	0	41.6	0	41	41	0	0	29.5	0	0	5.7	Milk Derivative
	Medium	24 oz	245	1.5	0	0	0	59.7	0	58.8	58.8	0	0	44	0	0	8.7	Milk Derivative
	Large	32 oz	344	2.2	0	0	0	83.2	0	82.1	82.1	0	0	59	0	0	11.4	Milk Derivative
Rootin' Tootin'	Small	16 oz	145	0	0	0	0	37.8	0	37.8	37.8	0	0	27.2	0	0	0	None
	Medium	24 oz	208	0	0	0	0	54.8	0	54.8	54.8	0	0	41.2	0	0	0	None
	Large	32 oz	289	0	0	0	0	75.6	0	75.6	75.6	0	0	54.4	0	0	0	None
Rose Gold	Small	16 oz	201	1.1	0	0	0	50	0	49.5	49.5	0	0	31.3	0	0	0	Milk Derivative
	Medium	24 oz	264	1.5	0	0	0	65.5	0	65	65	0	0	48.8	0	0	0	Milk Derivative
	Large	32 oz	367	2.2	0	0	0	90.9	0	90.2	90.2	0	0	64.8	0	0	0	Milk Derivative
Solar Flare	Small	16 oz	205	1.1	0	0	0	50	0	49.5	49.5	0	0	31.3	0	0	0	Milk Derivative
	Medium	24 oz	269	1.5	0	0	0	65.5	0	65	65	0	0	48.8	0	0	0	Milk Derivative
	Large	32 oz	375	2.2	0	0	0	90.9	0	90.2	90.2	0	0	64.8	0	0	0	Milk Derivative
Stardust Sipper	Small	16 oz	206	1.1	0	0	0	50.6	0	49.6	48.6	0	0	24.9	29	0	0	Milk Derivative
	Medium	24 oz	283	1.5	0	0	0	69.8	0	68.8	67.8	0	0	37.1	29	0	0	Milk Derivative
	Large	32 oz	386	2.2	0	0	0	95.1	0	94.1	93.1	0	0	49.8	29	0	0	Milk Derivative
Summer Crush	Small	16 oz	217	1.1	0	0	0	54.8	0.1	52.6	52.3	0.3	0	85	0.3	0	0.3	Milk Derivative
	Medium	24 oz	293	1.5	0	0	0	74.2	0.1	71.9	71.7	0.3	0	131.7	0.3	0	0.3	Milk Derivative
	Large	32 oz	399	2.2	0	0	0	100.9	0.2	98.5	98.2	0.3	0	171.7	0.3	0	0.3	Milk Derivative
Sunset Blvd	Small	16 oz	214	0	0	0	0	55	0.1	52.2	52	0.3	0	20.6	0.3	0	0.3	None
	Medium	24 oz	264	0	0	0	0	68	0.1	65.2	65	0.3	0	32.3	0.3	0	0.3	None
	Large	32 oz	356	0	0	0	0	91.8	0.2	88.6	88.3	0.3	0	41.8	0.3	0	0.3	None

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Dirty Soda - Frozen Dirty Soda																		
Tickled Pink Lemonade	Small	16 oz	174	0	0	0	0	44.8	0.4	43.4	42.5	0.1	0	54.3	3.1	0.1	28.7	None
	Medium	24 oz	224	0	0	0	0	58	0.4	56.6	55.7	0.1	0	85.2	3.1	0.1	28.7	None
	Large	32 oz	308	0	0	0	0	79.5	0.4	77.9	77	0.1	0	112.2	3.1	0.1	28.7	None
Tropic Like It's Hot	Small	16 oz	185	0	0	0	0	48.6	0.2	48.4	46.8	0.1	0	87.6	1.3	0	19.7	None
	Medium	24 oz	235	0	0	0	0	61.9	0.2	61.7	60.2	0.1	0	137.6	1.3	0	19.7	None
	Large	32 oz	323	0	0	0	0	85.3	0.2	85.2	83.6	0.1	0	181.4	1.3	0	19.7	None
Very Cherry	Small	16 oz	191	1.1	0	0	0	47.1	0	45.6	44.6	0	0	27.2	0	0	5.2	Milk Derivative
	Medium	24 oz	244	1.5	0	0	0	60.6	0	58.8	57.8	0	0	42.3	0	0	8.3	Milk Derivative
	Large	32 oz	338	2.2	0	0	0	83.1	0	81	80	0	0	56.3	0	0	10.8	Milk Derivative
Dirty Soda - Iced Dirty Soda																		
Iced Bruce	Small	16 oz	185	1.1	0	0	0	46.1	0	44.9	44.9	0.3	0	31.6	0.2	0	0	Milk Derivative
	Medium	24 oz	249	1.5	0	0	0	62.2	0	61.1	61.1	0.3	0	43.7	0.2	0	0	Milk Derivative
	Large	32 oz	328	2.2	0	0	0	81.6	0	80.5	80.5	0.3	0	56.5	0.2	0	0	Milk Derivative
Iced Casual Friday	Small	16 oz	176	1.1	0	0	0	44	0	44	44	0	0	26.9	0	0	0	Sulfites, Milk Derivative
	Medium	24 oz	243	1.5	0	0	0	60.9	0	60.9	60.9	0	0	37.5	0	0	0	Sulfites, Milk Derivative
	Large	32 oz	326	2.2	0	0	0	81.1	0	81.1	81.1	0	0	48.8	0	0	0	Sulfites, Milk Derivative
Iced Cherried Away	Small	16 oz	199	0	0	0	0	50.9	0.1	49.7	48.4	0	0	38.5	0	0	0	None
	Medium	24 oz	252	0	0	0	0	64.7	0.1	63.4	62.2	0	0	54.2	0	0	0	None
	Large	32 oz	330	0	0	0	0	84.5	0.2	83.1	81.8	0	0	68.8	0	0	0	None
Iced Diet Casual Friday	Small	16 oz	60	1.1	0	0	0	12.4	0	12.4	12.4	0	0	53.9	0	0	0	Sulfites, Milk Derivative, Aspartame
	Medium	24 oz	80	1.5	0	0	0	16.5	0	16.5	16.5	0	0	75.4	0	0	0	Sulfites, Milk Derivative, Aspartame
	Large	32 oz	120	2.2	0	0	0	24.8	0	24.8	24.8	0	0	96.9	0	0	0	Sulfites, Milk Derivative, Aspartame
Iced Diet Grand Prix	Small	16 oz	76	0	0	0	0.5	18.2	0	18	16.5	1	0.4	66.9	37	0	50.5	Aspartame, Milk
	Medium	24 oz	93	0	0	0	0.7	21.8	0	21.6	19.4	1.5	0.6	96.2	55.4	0	75.8	Aspartame, Milk
	Large	32 oz	131	0	0	0	1	31	0	30.6	27.6	2	0.7	124.2	73.9	0	101	Aspartame, Milk
Iced Diet Island Cola	Small	16 oz	56	1.1	0	0	0	10.9	0	10.9	10.9	0	0	53.9	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	75	1.5	0	0	0	14.5	0	14.5	14.5	0	0	75.4	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	113	2.2	0	0	0	21.8	0	21.8	21.8	0	0	96.9	0	0	0	Milk Derivative, Aspartame

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Dirty Soda - Iced Dirty Soda																		
Iced Diet Lime M.D.	Small	16 oz	53	1.1	0	0	0	11.2	0	11.2	11.2	0	0	49.2	0	0	0	Sulfites, Milk Derivative, Aspartame
	Medium	24 oz	70	1.5	0	0	0	15	0	15	15	0	0	69.2	0	0	0	Sulfites, Milk Derivative, Aspartame
	Large	32 oz	105	2.2	0	0	0	22.5	0	22.5	22.5	0	0	89.2	0	0	0	Sulfites, Milk Derivative, Aspartame
Iced Diet Peach Please	Small	16 oz	56	1.1	0	0	0	12.8	0	12.8	12.8	0	0	50	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	75	1.5	0	0	0	17	0	17	17	0	0	70	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	113	2.2	0	0	0	25.5	0	25.5	25.5	0	0	90	0	0	0	Milk Derivative, Aspartame
Iced Diet Pop Star	Small	16 oz	50	0	0	0	0	12.8	0	11.8	10.8	0	0	51.5	0	0	0	Sulfites, Aspartame
	Medium	24 oz	50	0	0	0	0	12.8	0	11.8	10.8	0	0	73.1	0	0	0	Sulfites, Aspartame
	Large	32 oz	70	0	0	0	0	17.6	0	16.6	15.6	0	0	93.4	0	0	0	Sulfites, Aspartame
Iced Diet Ridin' Dirty	Small	16 oz	56	1.1	0	0	0	11.2	0	11.2	11.2	0	0	50	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	75	1.5	0	0	0	15	0	15	15	0	0	70	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	113	2.2	0	0	0	22.5	0	22.5	22.5	0	0	90	0	0	0	Milk Derivative, Aspartame
Iced Diet Very Cherry	Small	16 oz	73	1.1	0	0	0	16.5	0	15.5	14.5	0	0	50	0	0	0	Milk Derivative, Aspartame
	Medium	24 oz	80	1.5	0	0	0	17.8	0	16.8	15.8	0	0	70	0	0	0	Milk Derivative, Aspartame
	Large	32 oz	115	2.2	0	0	0	25.1	0	24.1	23.1	0	0	90	0	0	0	Milk Derivative, Aspartame
Iced Dragon Juice	Small	16 oz	172	1.1	0	0	0	42.8	0	42.8	42.8	0	0	30.7	0	0	0	Milk Derivative
	Medium	24 oz	238	1.5	0	0	0	59.2	0	59.2	59.2	0	0	42.9	0	0	0	Milk Derivative
	Large	32 oz	319	2.2	0	0	0	79.1	0	79.1	79.1	0	0	55.6	0	0	0	Milk Derivative
Iced Grand Prix	Small	16 oz	195	0	0	0	0.5	50.7	0	50.4	49	1	0.4	39.2	37	0	50.5	Milk
	Medium	24 oz	262	0	0	0	0.7	68	0	67.7	65.5	1.5	0.6	56.9	55.4	0	75.8	Milk
	Large	32 oz	347	0	0	0	1	89.9	0	89.5	86.6	2	0.7	73.9	73.9	0	101	Milk
Iced Island Cola	Small	16 oz	172	1.1	0	0	0	42.5	0	42.5	42.5	0	0	26.9	0	0	0	Milk Derivative
	Medium	24 oz	238	1.5	0	0	0	58.9	0	58.9	58.9	0	0	37.5	0	0	0	Milk Derivative
	Large	32 oz	319	2.2	0	0	0	78.1	0	78.1	78.1	0	0	48.8	0	0	0	Milk Derivative
Iced Lime M.D.	Small	16 oz	160	1.1	0	0	0	39.9	0	39.2	39.2	0	0	36	0	0	7.2	Sulfites, Milk Derivative
	Medium	24 oz	222	1.5	0	0	0	55.5	0	54.5	54.5	0	0	50.5	0	0	10.1	Sulfites, Milk Derivative
	Large	32 oz	298	2.2	0	0	0	74	0	72.7	72.7	0	0	65.5	0	0	12.9	Sulfites, Milk Derivative
Iced Mug Life	Small	16 oz	208	5.3	2.1	0	21	42.2	0	41.2	40.2	0	0	39.8	16.8	0	25.2	Milk Derivative, Milk
	Medium	24 oz	261	5.7	2.1	0	21	56.1	0	55.1	54.1	0	0	55.6	16.8	0	25.2	Milk Derivative, Milk
	Large	32 oz	319	6.4	2.1	0	21	70.8	0	69.8	68.8	0	0	72.2	16.8	0	25.2	Milk Derivative, Milk

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Dirty Soda - Iced Dirty Soda																		
Iced Neon Wave	Small	16 oz	198	0	0	0	0.5	50.3	0	50.3	48.8	1	0.4	55	37	0	50.5	Sulfites, Milk
	Medium	24 oz	282	0	0	0	0.7	71.3	0	71.3	69.1	1.5	0.6	79.4	55.4	0	75.8	Sulfites, Milk
	Large	32 oz	372	0	0	0	1	94.2	0	94.2	91.2	2	0.7	102.7	73.9	0	101	Sulfites, Milk
Iced Peach Please	Small	16 oz	166	1.1	0	0	0	41.9	0	41.2	41.2	0	0	36.6	0	0	7.3	Milk Derivative
	Medium	24 oz	229	1.5	0	0	0	58	0	57	57	0	0	51.1	0	0	10.3	Milk Derivative
	Large	32 oz	308	2.2	0	0	0	77.5	0	76.2	76.2	0	0	66.1	0	0	13	Milk Derivative
Iced Pool Party	Small	16 oz	207	1.1	0	0	0	49.8	0	48.6	47.6	0	0	30.7	29	0	0	Milk Derivative
	Medium	24 oz	263	1.5	0	0	0	63.2	0	62	61	0	0	42.9	29	0	0	Milk Derivative
	Large	32 oz	344	2.2	0	0	0	82.1	0	80.8	79.8	0	0	55.6	29	0	0	Milk Derivative
Iced Pop Star	Small	16 oz	169	0	0	0	0	45.2	0	44.2	43.2	0	0	23.8	0	0	0	Sulfites
	Medium	24 oz	219	0	0	0	0	58.9	0	57.9	56.9	0	0	33.8	0	0	0	Sulfites
	Large	32 oz	286	0	0	0	0	76.6	0	75.6	74.6	0	0	43.1	0	0	0	Sulfites
Iced Ridin' Dirty	Small	16 oz	166	1.1	0	0	0	40.4	0	39.7	39.7	0	0	36.6	0	0	7.3	Milk Derivative
	Medium	24 oz	229	1.5	0	0	0	56	0	55	55	0	0	51.1	0	0	10.3	Milk Derivative
	Large	32 oz	308	2.2	0	0	0	74.5	0	73.2	73.2	0	0	66.1	0	0	13	Milk Derivative
Iced Rootin' Tootin'	Small	16 oz	141	0	0	0	0	38	0	38	38	0	0	35.6	0	0	0	None
	Medium	24 oz	198	0	0	0	0	53.4	0	53.4	53.4	0	0	50.6	0	0	0	None
	Large	32 oz	261	0	0	0	0	70.3	0	70.3	70.3	0	0	64.7	0	0	0	None
Iced Rose Gold	Small	16 oz	196	1.1	0	0	0	48.7	0	48.4	48.4	0	0	42.3	0	0	0	Milk Derivative
	Medium	24 oz	257	1.5	0	0	0	63.7	0	63.4	63.4	0	0	59.2	0	0	0	Milk Derivative
	Large	32 oz	343	2.2	0	0	0	84.5	0	84.1	84.1	0	0	76.2	0	0	0	Milk Derivative
Iced Solar Flare	Small	16 oz	200	1.1	0	0	0	48.7	0	48.4	48.4	0	0	42.3	0	0	0	Milk Derivative
	Medium	24 oz	262	1.5	0	0	0	63.7	0	63.4	63.4	0	0	59.2	0	0	0	Milk Derivative
	Large	32 oz	350	2.2	0	0	0	84.5	0	84.1	84.1	0	0	76.2	0	0	0	Milk Derivative
Iced Stardust Sipper	Small	16 oz	197	1.1	0	0	0	48.4	0	47.4	46.4	0	0	30.7	29	0	0	Milk Derivative
	Medium	24 oz	263	1.5	0	0	0	64.8	0	63.8	62.8	0	0	42.9	29	0	0	Milk Derivative
	Large	32 oz	344	2.2	0	0	0	84.4	0	83.4	82.4	0	0	55.6	29	0	0	Milk Derivative
Iced Summer Crush	Small	16 oz	219	1.1	0	0	0	55.4	0.1	53.2	52.9	0.3	0	121	0.3	0	0.3	Milk Derivative
	Medium	24 oz	285	1.5	0	0	0	72.2	0.1	69.9	69.7	0.3	0	169.2	0.3	0	0.3	Milk Derivative
	Large	32 oz	375	2.2	0	0	0	94.6	0.2	92.2	91.8	0.3	0	215.4	0.3	0	0.3	Milk Derivative

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Dirty Soda - Iced Dirty Soda																		
Iced Sunset Blvd	Small	16 oz	206	0	0	0	0	52.9	0.1	50.4	50.1	0.3	0	28.6	0.3	0	0.3	None
	Medium	24 oz	253	0	0	0	0	65.1	0.1	62.6	62.3	0.3	0	39.6	0.3	0	0.3	None
	Large	32 oz	326	0	0	0	0	84.2	0.2	81.5	81.1	0.3	0	49.8	0.3	0	0.3	None
Iced Tickled Pink Lemonade	Small	16 oz	166	0	0	0	0	43	0.4	41.9	41	0.1	0	73.6	3.1	0.1	28.7	None
	Medium	24 oz	216	0	0	0	0	56.2	0.4	55.1	54.2	0.1	0	104.4	3.1	0.1	28.7	None
	Large	32 oz	286	0	0	0	0	74.4	0.4	73.1	72.2	0.1	0	135.3	3.1	0.1	28.7	None
Iced Tropic Like It's Hot	Small	16 oz	171	0	0	0	0	45.2	0.2	45	43.4	0.1	0	118.9	1.3	0	19.7	None
	Medium	24 oz	221	0	0	0	0	58.5	0.2	58.3	56.8	0.1	0	168.9	1.3	0	19.7	None
	Large	32 oz	290	0	0	0	0	76.9	0.2	76.7	75.1	0.1	0	215.7	1.3	0	19.7	None
Iced Very Cherry	Small	16 oz	182	1.1	0	0	0	45.7	0	44	43	0	0	36.6	0	0	7.3	Milk Derivative
	Medium	24 oz	234	1.5	0	0	0	58.8	0	56.7	55.7	0	0	51.1	0	0	10.3	Milk Derivative
	Large	32 oz	310	2.2	0	0	0	77.2	0	74.9	73.9	0	0	66.1	0	0	13	Milk Derivative
Dirty Soda - Plain Soda																		
Diet Dr Pepper	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	50	0	0	0	Aspartame
	Medium	24 oz	0	0	0	0	0	0	0	0	0	0	0	70	0	0	0	Aspartame
	Large	32 oz	0	0	0	0	0	0	0	0	0	0	0	90	0	0	0	Aspartame
Dr Pepper	Small	16 oz	118	0	0	0	0	31.5	0	30.8	30.8	0	0	35.5	0	0	7.9	None
	Medium	24 oz	166	0	0	0	0	44.2	0	43.1	43.1	0	0	49.7	0	0	11	None
	Large	32 oz	213	0	0	0	0	56.8	0	55.4	55.4	0	0	63.9	0	0	14.2	None
Mountain Dew	Small	16 oz	142	0	0	0	0	36.7	0	36.7	36.7	0	0	41.7	0	0	0	None
	Medium	24 oz	198	0	0	0	0	51.3	0	51.3	51.3	0	0	58.3	0	0	0	None
	Large	32 oz	255	0	0	0	0	66	0	66	66	0	0	75	0	0	0	None
Pepsi	Small	16 oz	125	0	0	0	0	34.2	0	34.2	34.2	0	0	25	0	0	0	None
	Medium	24 oz	175	0	0	0	0	47.8	0	47.8	47.8	0	0	35	0	0	0	None
	Large	32 oz	225	0	0	0	0	61.5	0	61.5	61.5	0	0	45	0	0	0	None
Pepsi Zero	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	54.2	0	0	0	Aspartame
	Medium	24 oz	0	0	0	0	0	0	0	0	0	0	0	75.8	0	0	0	Aspartame
	Large	32 oz	0	0	0	0	0	0	0	0	0	0	0	97.5	0	0	0	Aspartame

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Dirty Soda - Plain Soda																		
Root Beer	Small	16 oz	117	0	0	0	0	32.5	0	32.5	32.5	0	0	37.5	0	0	0	None
	Medium	24 oz	163	0	0	0	0	45.5	0	45.5	45.5	0	0	52.5	0	0	0	None
	Large	32 oz	210	0	0	0	0	58.5	0	58.5	58.5	0	0	67.5	0	0	0	None
Sparkling Water	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	32 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Starry	Small	16 oz	125	0	0	0	0	32.5	0	32.5	32.5	0	0	29.2	0	0	0	None
	Medium	24 oz	175	0	0	0	0	45.5	0	45.5	45.5	0	0	40.8	0	0	0	None
	Large	32 oz	225	0	0	0	0	58.5	0	58.5	58.5	0	0	52.5	0	0	0	None
Energy Infusions - Frozen Infusions																		
Frozen Beach Bum	Small	16 oz	205	0	0	0	0	55.3	0	53.7	53.7	0	0	81.2	0.4	0	13	None
	Medium	24 oz	308	0	0	0	0	83	0	80.6	80.6	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	411	0	0	0	0	110.7	0	107.4	107.4	0	0	162.5	0.8	0	26	None
Frozen Cherry Blossom	Small	16 oz	205	0	0	0	0	51.3	0	49.7	49.7	0	0	81.2	0.4	0	13	None
	Medium	24 oz	308	0	0	0	0	77	0	74.6	74.6	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	411	0	0	0	0	102.7	0	99.4	99.4	0	0	162.5	0.8	0	26	None
Frozen Cosmic Blast	Small	16 oz	200	0	0	0	0	51.3	0	49.2	49.2	0	0	81.2	0.4	0	13	None
	Medium	24 oz	300	0	0	0	0	77	0	73.8	73.8	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	401	0	0	0	0	102.7	0	98.4	98.4	0	0	162.5	0.8	0	26	None
Frozen Fruit Punch	Small	16 oz	213	0	0	0	0	55	0	53	53	0	0	81.2	0.4	0	13	None
	Medium	24 oz	337	0	0	0	0	87	0	84	84	0	0	118.8	0.6	0	19	None
	Large	32 oz	426	0	0	0	0	109.9	0	105.9	105.9	0	0	162.5	0.8	0	26	None
Frozen Island Breeze	Small	16 oz	213	0	0	0	0	54.6	0	52.6	52.6	0	0	81.2	0.4	0	13	None
	Medium	24 oz	337	0	0	0	0	86.4	0	83.4	83.4	0	0	118.8	0.6	0	19	None
	Large	32 oz	426	0	0	0	0	109.2	0	105.2	105.2	0	0	162.5	0.8	0	26	None
Frozen Just Peachy	Small	16 oz	253	0.4	0	0	0	63.1	0	58	57.2	0.8	0	133.8	37.9	0	13	Milk
	Medium	24 oz	365	0.5	0	0	0	91.5	0	84.3	83.3	1	0	191.9	50.6	0	19.5	Milk
	Large	32 oz	478	0.6	0	0	0	119.9	0	110.7	109.4	1.2	0	250	63.3	0	26	Milk

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Energy Infusions - Frozen Infusions																		
Frozen Limelight	Small	16 oz	213	0	0	0	0	53.8	0	52.2	52.2	0	0	81.2	0.4	0	13	None
	Medium	24 oz	319	0	0	0	0	80.8	0	78.3	78.3	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	426	0	0	0	0	107.7	0	104.4	104.4	0	0	162.5	0.8	0	26	None
Frozen Loconut	Small	16 oz	213	0	0	0	0	53.8	0	52.2	52.2	0	0	81.2	0.4	0	13	None
	Medium	24 oz	319	0	0	0	0	80.8	0	78.3	78.3	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	426	0	0	0	0	107.7	0	104.4	104.4	0	0	162.5	0.8	0	26	None
Frozen Renegade Rush	Small	16 oz	202	0	0	0	0	51.6	0	50	50	0	0	81.2	0.4	0	13	None
	Medium	24 oz	318	0	0	0	0	81.4	0	79	79	0	0	118.8	0.6	0	19	None
	Large	32 oz	403	0	0	0	0	103.2	0	99.9	99.9	0	0	162.5	0.8	0	26	None
Frozen Shock Melon	Small	16 oz	213	0	0	0	0	53.8	0	52.2	52.2	0	0	81.2	0.4	0	13	None
	Medium	24 oz	319	0	0	0	0	80.8	0	78.3	78.3	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	426	0	0	0	0	107.7	0	104.4	104.4	0	0	162.5	0.8	0	26	None
Frozen Smashberry	Small	16 oz	213	0	0	0	0	54.6	0	52.2	52.2	0	0	81.2	0.4	0	13	None
	Medium	24 oz	319	0	0	0	0	81.9	0	78.3	78.3	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	426	0	0	0	0	109.2	0	104.4	104.4	0	0	162.5	0.8	0	26	None
Frozen Sunbeam	Small	16 oz	213	0	0	0	0	54.6	0	53	53	0	0	81.2	0.4	0	13	None
	Medium	24 oz	319	0	0	0	0	81.9	0	79.5	79.5	0	0	121.9	0.6	0	19.5	None
	Large	32 oz	426	0	0	0	0	109.2	0	105.9	105.9	0	0	162.5	0.8	0	26	None
Energy Infusions - Iced Infusions																		
Iced Beach Bum	Small	16 oz	198	0	0	0	0	52.9	0	50.7	50.7	0	0	112.5	0.6	0	18	None
	Medium	24 oz	284	0	0	0	0	76	0	72.8	72.8	0	0	156.2	0.8	0	25	None
	Large	32 oz	370	0	0	0	0	99	0	95	95	0	0	200	1	0	32	None
Iced Cherry Blossom	Small	16 oz	208	0	0	0	0	52.7	0	50.4	50.4	0	0	112.5	0.6	0	18	None
	Medium	24 oz	284	0	0	0	0	72	0	68.8	68.8	0	0	156.2	0.8	0	25	None
	Large	32 oz	360	0	0	0	0	91.2	0	87.2	87.2	0	0	200	1	0	32	None
Iced Cosmic Blast	Small	16 oz	204	0	0	0	0	52.7	0	50.1	50.1	0	0	112.5	0.6	0	18	None
	Medium	24 oz	279	0	0	0	0	72	0	68.3	68.3	0	0	156.2	0.8	0	25	None
	Large	32 oz	354	0	0	0	0	91.2	0	86.6	86.6	0	0	200	1	0	32	None

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Energy Infusions - Iced Infusions																		
Iced Fruit Punch	Small	16 oz	203	0	0	0	0	52.7	0	50.2	50.2	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	75.6	0	72.1	72.1	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	98.5	0	94	94	0	0	200	1	0	32	None
Iced Island Breeze	Small	16 oz	203	0	0	0	0	52.4	0	49.9	49.9	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	75.2	0	71.7	71.7	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	98	0	93.5	93.5	0	0	200	1	0	32	None
Iced Just Peachy	Small	16 oz	251	0.3	0	0	0	63.1	0	57.9	57.3	0.6	0	156.2	31.8	0	18	Milk
	Medium	24 oz	332	0.4	0	0	0	83.7	0	77.1	76.3	0.8	0	208.8	38.3	0	25	Milk
	Large	32 oz	413	0.4	0	0	0	104.4	0	96.2	95.4	0.9	0	261.2	44.8	0	32	Milk
Iced Limelight	Small	16 oz	203	0	0	0	0	51.9	0	49.7	49.7	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	74.5	0	71.3	71.3	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	97	0	93	93	0	0	200	1	0	32	None
Iced Loconut	Small	16 oz	203	0	0	0	0	51.9	0	49.7	49.7	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	74.5	0	71.3	71.3	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	97	0	93	93	0	0	200	1	0	32	None
Iced Renegade Rush	Small	16 oz	196	0	0	0	0	50.4	0	48.2	48.2	0	0	112.5	0.6	0	18	None
	Medium	24 oz	280	0	0	0	0	72.2	0	69.1	69.1	0	0	156.2	0.8	0	25	None
	Large	32 oz	365	0	0	0	0	94	0	90	90	0	0	200	1	0	32	None
Iced Shock Melon	Small	16 oz	203	0	0	0	0	51.9	0	49.7	49.7	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	74.5	0	71.3	71.3	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	97	0	93	93	0	0	200	1	0	32	None
Iced Smashberry	Small	16 oz	203	0	0	0	0	52.4	0	49.7	49.7	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	75.2	0	71.3	71.3	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	98	0	93	93	0	0	200	1	0	32	None
Iced Sunbeam	Small	16 oz	203	0	0	0	0	52.4	0	50.2	50.2	0	0	112.5	0.6	0	18	None
	Medium	24 oz	292	0	0	0	0	75.2	0	72.1	72.1	0	0	156.2	0.8	0	25	None
	Large	32 oz	380	0	0	0	0	98	0	94	94	0	0	200	1	0	32	None

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Energy Infusions - Zero Sugar Infusions																		
Frozen Beach Bum Zero Sugar	Small	16 oz	6	0	0	0	0	2	0	0	0	0	0	82.2	0.4	0	23.2	Aspartame
	Medium	24 oz	9	0	0	0	0	3	0	0	0	0	0	123.3	0.6	0	34.7	Aspartame
	Large	32 oz	12	0	0	0	0	4.1	0	0	0	0	0	164.4	0.8	0	46.3	Aspartame
Frozen Limelight Zero Sugar	Small	16 oz	6	0	0	0	0	2	0	0	0	0	0	84.7	0.4	0	23.2	Aspartame
	Medium	24 oz	9	0	0	0	0	3	0	0	0	0	0	127	0.6	0	34.7	Aspartame
	Large	32 oz	12	0	0	0	0	4.1	0	0	0	0	0	169.4	0.8	0	46.3	Aspartame
Frozen Loconut Zero Sugar	Small	16 oz	6	0	0	0	0	2	0	0	0	0	0	80.9	0.4	0	23.2	Aspartame
	Medium	24 oz	9	0	0	0	0	3	0	0	0	0	0	121.4	0.6	0	34.7	Aspartame
	Large	32 oz	12	0	0	0	0	4.1	0	0	0	0	0	161.9	0.8	0	46.3	Aspartame
Frozen Smashberry Zero Sugar	Small	16 oz	6	0	0	0	0	2	0	0	0	0	0	84.7	0.4	0	23.2	Aspartame
	Medium	24 oz	9	0	0	0	0	3	0	0	0	0	0	127	0.6	0	34.7	Aspartame
	Large	32 oz	12	0	0	0	0	4.1	0	0	0	0	0	169.4	0.8	0	46.3	Aspartame
Iced Beach Bum Zero Sugar	Small	16 oz	8	0	0	0	0	2.8	0	0	0	0	0	110.6	0.6	0	32.1	Aspartame
	Medium	24 oz	12	0	0	0	0	3.9	0	0	0	0	0	153.4	0.8	0	44.5	Aspartame
	Large	32 oz	15	0	0	0	0	5	0	0	0	0	0	196.2	1	0	57	Aspartame
Iced Limelight Zero Sugar	Small	16 oz	8	0	0	0	0	2.8	0	0	0	0	0	111.9	0.6	0	32.1	Aspartame
	Medium	24 oz	12	0	0	0	0	3.9	0	0	0	0	0	155.9	0.8	0	44.5	Aspartame
	Large	32 oz	15	0	0	0	0	5	0	0	0	0	0	200	1	0	57	Aspartame
Iced Loconut Zero Sugar	Small	16 oz	8	0	0	0	0	2.8	0	0	0	0	0	109.4	0.6	0	32.1	Aspartame
	Medium	24 oz	12	0	0	0	0	3.9	0	0	0	0	0	152.2	0.8	0	44.5	Aspartame
	Large	32 oz	15	0	0	0	0	5	0	0	0	0	0	195	1	0	57	Aspartame
Iced Smashberry Zero Sugar	Small	16 oz	8	0	0	0	0	2.8	0	0	0	0	0	111.9	0.6	0	32.1	Aspartame
	Medium	24 oz	12	0	0	0	0	3.9	0	0	0	0	0	155.9	0.8	0	44.5	Aspartame
	Large	32 oz	15	0	0	0	0	5	0	0	0	0	0	200	1	0	57	Aspartame
Fresherz & Sparkling Soda - Fresherz																		
Dragon Fruit Splash	Small	16 oz	100	0.2	0	0	0	23.5	0.4	22.8	13.3	0.4	0	0	11.4	0.1	115.6	None
	Medium	24 oz	134	0.2	0	0	0	31.5	0.4	30.8	18.7	0.4	0	0	15.4	0.1	127.6	None
	Large	32 oz	167	0.2	0	0	0	39.5	0.4	38.8	24	0.4	0	0	19.4	0.1	139.6	None

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Fresherz & Sparkling Soda - Fresherz																			
Melon Berry Tide	Small	16 oz	123	0	0	0	0	28.4	0.4	27.6	25	0.1	0	0.4	9.8	0.1	30.4	None	
	Medium	24 oz	170	0	0	0	0	39.1	0.4	38.2	35	0.1	0	0.4	12.4	0.1	31	None	
	Large	32 oz	217	0	0	0	0	49.8	0.4	48.9	45	0.1	0	0.4	15.1	0.1	31.7	None	
Peach Mango Paradise	Small	16 oz	174	0	0	0	0	43.4	0.2	43.2	28.3	0.1	0	0.1	18	0	53	None	
	Medium	24 oz	240	0	0	0	0	60.1	0.2	59.9	39.7	0.1	0	0.1	24.6	0	66.4	None	
	Large	32 oz	307	0	0	0	0	76.8	0.2	76.6	51	0.1	0	0.1	31.3	0	79.7	None	
Fresherz & Sparkling Soda - Sparkling Soda																			
Blue & Bubbly	Small	16 oz	170	0	0	0	0	42	0	42	42	0	0	0	0	0	0	None	
	Medium	24 oz	213	0	0	0	0	52.5	0	52.5	52.5	0	0	0	0	0	0	None	
	Large	32 oz	298	0	0	0	0	73.5	0	73.5	73.5	0	0	0	0	0	0	None	
Midnight Berry	Small	16 oz	150	0	0	0	0	36.9	0	36.2	36.2	0	0	0	0	0	0	None	
	Medium	24 oz	210	0	0	0	0	51.6	0	50.8	50.8	0	0	0	0	0	0	None	
	Large	32 oz	270	0	0	0	0	66.4	0	65.2	65.2	0	0	0	0	0	0	None	
Sour Melon	Small	16 oz	170	0	0	0	0	42	0	42	42	0	0	0	0	0	0	None	
	Medium	24 oz	213	0	0	0	0	52.5	0	52.5	52.5	0	0	0	0	0	0	None	
	Large	32 oz	298	0	0	0	0	73.5	0	73.5	73.5	0	0	0	0	0	0	None	
Summer Sunrise	Small	16 oz	170	0	0	0	0	44	0	43	43	0	0	0	0	0	0	None	
	Medium	24 oz	213	0	0	0	0	55	0	53.8	53.8	0	0	0	0	0	0	None	
	Large	32 oz	298	0	0	0	0	77	0	75.2	75.2	0	0	0	0	0	0	None	
Hot Coffee																			
Hot Americano Plain	Extra Small	12 oz	9	0.9	0.5	0	0	0	0	0	0	0.6	0	68	8.5	0.7	578	None	
	Small	16 oz	15	1.6	0.8	0	0	0	0	0	0	1	0	116	14.5	1.2	986	None	
	Medium	20 oz	17	1.9	0.9	0	0	0	0	0	0	1.2	0	136	17	1.4	1156	None	
	Large	24 oz	23	2.5	1.2	0	0	0	0	0	0	1.6	0	184	23	1.8	1564	None	
Hot Butter Pecan Latte	Small	16 oz	312	11.8	7.2	0	47.4	39.9	0	39.9	25	11.4	4.1	230.7	415.1	0.7	1093.1	Peanuts, Milk	
	Medium	20 oz	356	13.4	8.2	0	51.8	46.3	0	46.3	30	12.8	4.4	293.4	458.1	1.2	1547.9	Peanuts, Milk	
	Large	24 oz	416	15.7	9.5	0	60.4	54	0	54	35	15	5.2	343	534.5	1.4	1811.5	Peanuts, Milk	

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Hot Coffee																			
Hot Cafe Au Lait Plain		Extra Small	12 oz	75	3.9	2.5	0	17.3	5.4	0	5.4	0	4.3	1.5	66.3	147.9	0	187.3	Milk
		Small	16 oz	113	5.9	3.7	0	25.9	8.1	0	8.1	0	6.4	2.2	98.3	221.8	0	280.9	Milk
		Medium	20 oz	150	7.9	4.9	0	34.5	10.8	0	10.8	0	8.5	3	130.3	295.7	0	374.6	Milk
		Large	24 oz	187	9.9	6.2	0	43.1	13.6	0	13.6	0	10.6	3.7	162.3	369.7	0	468.2	Milk
Hot Cappuccino Plain		Extra Small	12 oz	138	7.8	4.8	0	30.2	9.5	0	9.5	0	7.5	2.6	171.5	267.3	0.7	905.8	Milk
		Small	16 oz	175	9.8	6	0	38.8	12.2	0	12.2	0	9.5	3.3	201.1	341.2	0.7	999.4	Milk
		Medium	20 oz	218	12.4	7.6	0	47.4	14.9	0	14.9	0	11.9	4.1	278.7	421.1	1.2	1501.1	Milk
		Large	24 oz	239	13.7	8.3	0	51.8	16.3	0	16.3	0	13	4.4	313.4	460.6	1.4	1717.9	Milk
Hot Caramel Macchiato		Small	16 oz	384	14.8	9	0	56.2	50.2	0	46.7	31.8	11.4	4.1	287.5	415.1	0.7	1093.1	Milk
		Medium	20 oz	436	16.9	10.2	0	61.8	57.3	0	53.3	37	12.8	4.4	358.4	458.1	1.2	1547.9	Milk
		Large	24 oz	503	19.6	11.8	0	71.6	65.7	0	61.2	42.2	15	5.2	416.1	534.5	1.4	1811.5	Milk
Hot Colorado Mocha		Small	16 oz	290	7	4.5	0	20.3	48.8	1.4	47.4	32.4	11.4	9.5	325.6	389.4	2	714.9	Milk
		Medium	20 oz	337	8.3	5.2	0	22.2	57.1	1.5	55.6	39.2	12.8	10.4	397	430	2.6	1135.3	Milk
		Large	24 oz	400	9.6	6.1	0	25.9	68.4	1.7	66.7	47.6	15	12.1	463.9	501.8	3.1	1330.2	Milk
Hot Daily Brew Plain		Extra Small	12 oz	2	0	0	0	0	0	0	0	0	0.7	0	13.2	0	0	0	None
		Small	16 oz	3	0	0	0	0	0	0	0	0	0.9	0	18	0	0	0	None
		Medium	20 oz	4	0	0	0	0	0	0	0	0	1.1	0	22.8	0	0	0	None
		Large	24 oz	5	0	0	0	0	0	0	0	0	1.4	0	27.6	0	0	0	None
Hot Espresso Double				9	0.9	0.5	0	0	0	0	0	0	0.6	0	68	8.5	0.7	578	None
Hot Espresso Quad				17	1.9	0.9	0	0	0	0	0	0	1.2	0	136	17	1.4	1156	None
Hot Espresso Single				6	0.7	0.3	0	0	0	0	0	0	0.4	0	48	6	0.5	408	None
Hot Espresso Triple				15	1.6	0.8	0	0	0	0	0	0	1	0	116	14.5	1.2	986	None
Hot Fireside Hot		Small	16 oz	358	12.2	7.2	0	47.4	49.3	0	45.8	30	12.3	4.1	291.9	458.9	0.7	1093.1	Milk
		Medium	20 oz	406	13.9	8.2	0	51.8	56.3	0	52.3	35	13.8	4.4	363.4	508.1	1.2	1547.9	Milk
		Large	24 oz	470	16.2	9.5	0	60.4	64.6	0	60.1	40	16.1	5.2	421.8	590.8	1.4	1811.5	Milk
Hot Hazelnut Cream Latte		Small	16 oz	318	11.8	7.2	0	47.4	41.2	0	41.2	26.2	11.4	4.1	230.7	415.1	0.7	1093.1	Tree Nuts, Milk
		Medium	20 oz	364	13.4	8.2	0	51.8	47.8	0	47.8	31.5	12.8	4.4	293.4	458.1	1.2	1547.9	Tree Nuts, Milk
		Large	24 oz	425	15.7	9.5	0	60.4	55.7	0	55.7	36.8	15	5.2	343	534.5	1.4	1811.5	Tree Nuts, Milk

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Hot Coffee																		
Hot Latte Plain	Extra Small	12 oz	175	9.8	6	0	38.8	12.2	0	12.2	0	9.5	3.3	201.1	341.2	0.7	999.4	Milk
	Small	16 oz	212	11.8	7.2	0	47.4	14.9	0	14.9	0	11.4	4.1	230.7	415.1	0.7	1093.1	Milk
	Medium	20 oz	236	13.4	8.2	0	51.8	16.3	0	16.3	0	12.8	4.4	293.4	458.1	1.2	1547.9	Milk
	Large	24 oz	276	15.7	9.5	0	60.4	19	0	19	0	15	5.2	343	534.5	1.4	1811.5	Milk
Hot Mocha	Small	16 oz	276	7	4.5	0	20.3	45.2	1.4	43.8	28.8	11.4	9.5	325.6	389.4	2	714.9	Milk
	Medium	20 oz	312	8.3	5.2	0	22.2	50.6	1.5	49.1	32.7	12.8	10.4	397	430	2.6	1135.3	Milk
	Large	24 oz	364	9.6	6.1	0	25.9	59.1	1.7	57.3	38.2	15	12.1	463.9	501.8	3.1	1330.2	Milk
Hot Raspberry Truffle	Small	16 oz	364	12.2	7.2	0	47.4	51.2	0	47.7	31.9	12.3	4.1	291.9	458.9	0.7	1093.1	Milk
	Medium	20 oz	414	13.9	8.2	0	51.8	58.5	0	54.5	37.2	13.8	4.4	363.4	508.1	1.2	1547.9	Milk
	Large	24 oz	478	16.2	9.5	0	60.4	67.2	0	62.7	42.6	16.1	5.2	421.8	590.8	1.4	1811.5	Milk
Hot Salted Caramel Latte	Small	16 oz	337	11.8	7.2	0	47.4	46.2	0	44.9	30	11.4	4.1	361.9	415.1	0.7	1093.1	Milk
	Medium	20 oz	386	13.4	8.2	0	51.8	53.8	0	52.3	36	12.8	4.4	450.9	458.1	1.2	1547.9	Milk
	Large	24 oz	451	15.7	9.5	0	60.4	62.7	0	61	42	15	5.2	526.8	534.5	1.4	1811.5	Milk
Hot Toffee Nut Latte	Small	16 oz	312	11.8	7.2	0	47.4	39.3	0	38.7	23.8	11.4	4.1	230.7	415.1	0.7	1093.1	Milk, Tree Nuts
	Medium	20 oz	356	13.4	8.2	0	51.8	45.5	0	44.8	28.5	12.8	4.4	293.4	458.1	1.2	1547.9	Milk, Tree Nuts
	Large	24 oz	416	15.7	9.5	0	60.4	53.1	0	52.2	33.2	15	5.2	343	534.5	1.4	1811.5	Milk, Tree Nuts
Hot Turtle	Small	16 oz	325	8.8	5.5	0	25.3	53	1.4	49.7	34.8	11.4	9.5	358	389.4	2	714.9	Milk, Peanuts
	Medium	20 oz	379	10.4	6.5	0	28.4	61.7	1.5	57.8	41.5	12.8	10.4	437.6	430	2.6	1135.3	Milk, Peanuts
	Large	24 oz	448	12.3	7.6	0	33.4	73.4	1.7	68.7	49.7	15	12.1	512.5	501.8	3.1	1330.2	Milk, Peanuts
Hot Vanilla Latte	Small	16 oz	312	11.8	7.2	0	47.4	39.9	0	39.9	25	11.4	4.1	230.7	415.1	0.7	1093.1	Milk
	Medium	20 oz	356	13.4	8.2	0	51.8	46.3	0	46.3	30	12.8	4.4	293.4	458.1	1.2	1547.9	Milk
	Large	24 oz	416	15.7	9.5	0	60.4	54	0	54	35	15	5.2	343	534.5	1.4	1811.5	Milk
Hot White Mocha	Small	16 oz	377	12.5	7.2	0	47.4	52.4	0	46.4	30	12.9	4.1	335.7	490.1	0.7	1093.1	Milk
	Medium	20 oz	429	14.3	8.2	0	51.8	60	0	53	35	14.6	4.4	415.9	545.6	1.2	1547.9	Milk
	Large	24 oz	496	16.7	9.5	0	60.4	69	0	61	40	17	5.2	483	634.5	1.4	1811.5	Milk
Hot Tea & Hot Cocoa - Hot Cocoa																		
Hot Campfire Cocoa	Small	16 oz	393	9.6	6	0	36	66	1.6	64.4	46.6	12.8	11.2	304.4	459.8	1.6	176.2	Milk
	Medium	20 oz	472	11.3	7.1	0	41.6	79.9	2	77.9	56.1	15.8	13.8	374.7	563.6	2	213.5	Milk
	Large	24 oz	571	13.5	8.6	0	49	96.7	2.5	94.2	67	19.7	17.3	468.3	702.1	2.5	263.3	Milk

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Hot Tea & Hot Cocoa - Hot Cocoa																		
Hot Flavored Cocoa	Small	16 oz	393	9.6	6	0	36	66	1.6	64.4	46.6	12.8	11.2	304.4	459.8	1.6	176.2	Milk
	Medium	20 oz	472	11.3	7.1	0	41.6	79.9	2	77.9	56.1	15.8	13.8	374.7	563.6	2	213.5	Milk
	Large	24 oz	571	13.5	8.6	0	49	96.7	2.5	94.2	67	19.7	17.3	468.3	702.1	2.5	263.3	Milk
Hot Steamer	Small	16 oz	376	15.2	9.2	0	68.1	45	0	45	27.4	12.8	4.8	192.2	490.2	0	623.1	Milk
	Medium	20 oz	452	18.2	11.1	0	81	54.1	0	54.1	32.4	15.8	5.9	236.6	601.1	0	763.6	Milk
	Large	24 oz	546	22.1	13.5	0	98.3	64.5	0	64.5	37.4	19.7	7.4	295.7	748.9	0	950.9	Milk
Hot Tea & Hot Cocoa - Hot Tea																		
Hot Alpine Berry Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Hot Assam Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Hot Earl Grey Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Hot London Fog	Small	16 oz	179	6.9	4.3	0	30.2	22	0	22	12.5	6.9	2.6	103.5	258.8	0	327.8	Milk
	Medium	20 oz	208	7.9	4.9	0	34.5	25.8	0	25.8	15	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	255	9.9	6.2	0	43.1	31.1	0	31.1	17.5	9.9	3.7	147.9	369.7	0	468.2	Milk
Hot Mountain High Chai Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Hot Peppermint Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None

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Hot Tea & Hot Cocoa - Hot Tea																		
Hot Tamayokucha Tea	Extra Small	12 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	20 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Hot Tea Latte	Small	16 oz	129	6.9	4.3	0	30.2	9.5	0	9.5	0	6.9	2.6	103.5	258.8	0	327.8	Milk
	Medium	20 oz	148	7.9	4.9	0	34.5	10.8	0	10.8	0	7.9	3	118.3	295.7	0	374.6	Milk
	Large	24 oz	185	9.9	6.2	0	43.1	13.6	0	13.6	0	9.9	3.7	147.9	369.7	0	468.2	Milk
Iced Coffee																		
Coconut Caramel Shaken Espresso	Small	16 oz	217	6.8	4.2	0	19.2	35.5	0.2	32.3	28.1	3.6	1.1	156.5	119.4	0.7	718.5	Milk, Coconut
	Medium	24 oz	271	8.9	5.4	0	24.8	43	0.2	39.3	33.8	5	1.5	227.4	162.4	1.2	1173.3	Milk, Coconut
	Large	32 oz	320	10.6	6.4	0	30.3	50.5	0.2	46.3	39.4	6.1	1.8	270.3	201.9	1.4	1390.1	Milk, Coconut
Create Your Own Shaken Espresso	Small	16 oz	164	3.9	2.3	0	12.9	29.1	0	29.1	25	3.6	1.1	112.4	119.4	0.7	718.5	Milk
	Medium	24 oz	208	5.5	3.2	0	17.3	35.4	0	35.4	30	5	1.5	175.1	162.4	1.2	1173.3	Milk
	Large	32 oz	249	6.8	4	0	21.6	41.8	0	41.8	35	6.1	1.8	209.9	201.8	1.4	1390.1	Milk
Honey Cinnamon Shaken Espresso	Small	16 oz	221	3.9	2.3	0	12.9	45.3	0	45.3	25	3.6	1.1	112.4	119.4	0.7	718.5	Milk
	Medium	24 oz	266	5.5	3.2	0	17.3	51.6	0	51.6	30	5	1.5	175.1	162.4	1.2	1173.3	Milk
	Large	32 oz	307	6.8	4	0	21.6	58	0	58	35	6.1	1.8	209.9	201.8	1.4	1390.1	Milk
Iced Americano Plain	Small	16 oz	15	1.6	0.8	0	0	0	0	0	0	1	0	116	14.5	1.2	986	None
	Medium	24 oz	17	1.9	0.9	0	0	0	0	0	0	1.2	0	136	17	1.4	1156	None
	Large	32 oz	23	2.5	1.2	0	0	0	0	0	0	1.6	0	184	23	1.8	1564	None
Iced Butter Pecan Latte	Small	16 oz	196	5.6	3.4	0	20.5	31.4	0	31.4	25	5.3	1.8	138.2	184.1	0.7	800.4	Peanuts, Milk
	Medium	24 oz	273	9	5.4	0	32.3	40.2	0	40.2	30	8.4	2.8	226.9	291.8	1.2	1337.2	Peanuts, Milk
	Large	32 oz	346	12	7.2	0	44.2	48.9	0	48.9	35	11.3	3.8	287.6	395.9	1.4	1636	Peanuts, Milk
Iced Caramel Macchiato	Small	16 oz	269	8.7	5.1	0	29.2	41.7	0	38.2	31.8	5.3	1.8	195.1	184.1	0.7	800.4	Milk
	Medium	24 oz	353	12.5	7.4	0	42.3	51.2	0	47.2	37	8.4	2.8	291.9	291.8	1.2	1337.2	Milk
	Large	32 oz	434	15.9	9.5	0	55.5	60.6	0	56.1	42.2	11.3	3.8	360.7	395.9	1.4	1636	Milk
Iced Coffee Plain	Small	16 oz	7	0.7	0.3	0	0	0	0	0	0	0.8	0	56.4	6	0.5	408	None
	Medium	24 oz	11	0.9	0.5	0	0	0	0	0	0	1.2	0	80	8.5	0.7	578	None
	Large	32 oz	17	1.6	0.8	0	0	0	0	0	0	1.8	0	131.6	14.5	1.2	986	None

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Iced Coffee																		
Iced Cold Brew Plain	Small	16 oz	3	0	0	0	0	0	0	0	0	0	0	9.4	15	0	0	None
	Medium	24 oz	4	0	0	0	0	0	0	0	0	0	0	13.1	21	0	0	None
	Large	32 oz	6	0	0	0	0	0	0	0	0	0	0	16.9	27	0	0	None
Iced Colorado Mocha	Small	16 oz	209	3.6	2.2	0	8.8	41.1	0.6	40.5	33.9	5.3	4.1	179.3	173	1.3	637.1	Milk
	Medium	24 oz	290	5.8	3.6	0	13.9	54.6	0.9	53.6	43.3	8.4	6.5	291.7	274.2	2.1	1079.3	Milk
	Large	32 oz	368	7.6	4.7	0	18.9	68.1	1.3	66.8	52.8	11.3	8.8	376.1	371.9	2.6	1283.6	Milk
Iced Espresso Double			9	0.9	0.5	0	0	0	0	0	0	0.6	0	68	8.5	0.7	578	None
Iced Espresso Quad			17	1.9	0.9	0	0	0	0	0	0	1.2	0	136	17	1.4	1156	None
Iced Espresso Single			6	0.7	0.3	0	0	0	0	0	0	0.4	0	48	6	0.5	408	None
Iced Espresso Triple			15	1.6	0.8	0	0	0	0	0	0	1	0	116	14.5	1.2	986	None
Iced Fireside Latte	Small	16 oz	243	6.1	3.4	0	20.5	40.8	0	37.3	30	6.2	1.8	199.5	227.8	0.7	800.4	Milk
	Medium	24 oz	323	9.5	5.4	0	32.3	50.2	0	46.2	35	9.4	2.8	296.9	341.8	1.2	1337.2	Milk
	Large	32 oz	400	12.5	7.2	0	44.2	59.5	0	55	40	12.4	3.8	366.3	452.2	1.4	1636	Milk
Iced Gold Rush Cold Brew	Small	16 oz	265	10.5	6	0	30	40.5	0	33	33	1.5	0	126.8	70.9	0	60	Milk
	Medium	24 oz	318	13.1	7.5	0	37.5	47.5	0	38.5	38.5	2	0	153.6	95.8	0	80	Milk
	Large	32 oz	372	15.8	9	0	45	54.5	0	44	44	2.5	0	180.4	120.6	0	100	Milk
Iced Hazelnut Cream Latte	Small	16 oz	203	5.6	3.4	0	20.5	32.7	0	32.7	26.2	5.3	1.8	138.2	184.1	0.7	800.4	Tree Nuts, Milk
	Medium	24 oz	281	9	5.4	0	32.3	41.7	0	41.7	31.5	8.4	2.8	226.9	291.8	1.2	1337.2	Tree Nuts, Milk
	Large	32 oz	355	12	7.2	0	44.2	50.6	0	50.6	36.8	11.3	3.8	287.6	395.9	1.4	1636	Tree Nuts, Milk
Iced Latte Plain	Small	16 oz	119	6.8	4.2	0	25.9	8.1	0	8.1	0	6.5	2.2	156.7	230.3	0.7	858.9	Milk
	Medium	24 oz	181	10.5	6.3	0	38.8	12.2	0	12.2	0	9.9	3.3	249.1	347.2	1.2	1407.4	Milk
	Large	32 oz	239	13.7	8.3	0	51.8	16.3	0	16.3	0	13	4.4	313.4	460.6	1.4	1717.9	Milk
Iced Mocha	Small	16 oz	165	3.9	2.4	0	9.9	28.5	0.7	27.8	20.4	5.9	4.6	193.8	194.5	1.3	644.8	Milk
	Medium	24 oz	238	6.2	3.8	0	15.2	39.6	1	38.5	27.2	9.2	7.1	309.2	300.2	2.2	1088.7	Milk
	Large	32 oz	307	8	5	0	20.6	50.6	1.4	49.2	34	12.2	9.6	396.6	402.2	2.7	1294.5	Milk
Iced Raspberry Truffle	Small	16 oz	249	6.1	3.4	0	20.5	42.7	0	39.2	31.9	6.2	1.8	199.5	227.8	0.7	800.4	Milk
	Medium	24 oz	331	9.5	5.4	0	32.3	52.4	0	48.4	37.2	9.4	2.8	296.9	341.8	1.2	1337.2	Milk
	Large	32 oz	409	12.5	7.2	0	44.2	62.1	0	57.6	42.6	12.4	3.8	366.3	452.2	1.4	1636	Milk

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Iced Coffee																		
Iced Salted Caramel Latte	Small	16 oz	221	5.6	3.4	0	20.5	37.7	0	36.4	30	5.3	1.8	269.5	184.1	0.7	800.4	Milk
	Medium	24 oz	303	9	5.4	0	32.3	47.7	0	46.2	36	8.4	2.8	384.4	291.8	1.2	1337.2	Milk
	Large	32 oz	381	12	7.2	0	44.2	57.6	0	55.9	42	11.3	3.8	471.3	395.9	1.4	1636	Milk
Iced Toffee Nut Latte	Small	16 oz	196	5.6	3.4	0	20.5	30.8	0	30.2	23.8	5.3	1.8	138.2	184.1	0.7	800.4	Milk, Tree Nuts
	Medium	24 oz	273	9	5.4	0	32.3	39.4	0	38.7	28.5	8.4	2.8	226.9	291.8	1.2	1337.2	Milk, Tree Nuts
	Large	32 oz	346	12	7.2	0	44.2	48	0	47.1	33.2	11.3	3.8	287.6	395.9	1.4	1636	Milk, Tree Nuts
Iced Turtle	Small	16 oz	212	5.6	3.4	0	14.7	36.1	0.6	33.4	26.3	5.8	4.5	223.5	190.3	1.3	643.3	Milk, Peanuts
	Medium	24 oz	300	8.2	5	0	21	50	1	46.5	35.6	8.9	6.9	344	291.5	2.1	1085.6	Milk, Peanuts
	Large	32 oz	384	10.5	6.4	0	27.4	63.9	1.3	59.5	44.9	11.8	9.3	436.5	389.2	2.7	1289.8	Milk, Peanuts
Iced Vanilla Latte	Small	16 oz	196	5.6	3.4	0	20.5	31.4	0	31.4	25	5.3	1.8	138.2	184.1	0.7	800.4	Milk
	Medium	24 oz	273	9	5.4	0	32.3	40.2	0	40.2	30	8.4	2.8	226.9	291.8	1.2	1337.2	Milk
	Large	32 oz	346	12	7.2	0	44.2	48.9	0	48.9	35	11.3	3.8	287.6	395.9	1.4	1636	Milk
Iced White Mocha	Small	16 oz	261	6.4	3.4	0	20.5	43.9	0	37.9	30	6.8	1.8	243.2	259.1	0.7	800.4	Milk
	Medium	24 oz	346	9.9	5.4	0	32.3	53.9	0	46.9	35	10.2	2.8	349.4	379.3	1.2	1337.2	Milk
	Large	32 oz	426	13	7.2	0	44.2	63.9	0	55.9	40	13.3	3.8	427.6	495.9	1.4	1636	Milk
White Choc Brown Sugar Shaken Espresso	Small	16 oz	214	4.3	2.3	0	12.9	38.8	0.1	35	29.4	4.4	1.1	173.6	163.2	0.7	718.5	Milk
	Medium	24 oz	262	6	3.2	0	17.3	45.7	0.1	41.4	34.2	6	1.5	245.1	212.4	1.2	1173.3	Milk
	Large	32 oz	307	7.4	4	0	21.6	52.5	0.1	47.7	39.1	7.2	1.8	288.7	258.1	1.4	1390.1	Milk
Iced Tea & Lemonade																		
Iced Black Tea	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	32 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
Iced Black Tee Time Tea	Small	16 oz	95	0	0	0	0	25.2	0	25.2	25.2	0	0	57.8	0	0	0	None
	Medium	24 oz	142	0	0	0	0	37.5	0	37.5	37.5	0	0	79.7	0	0	0	None
	Large	32 oz	189	0	0	0	0	49.8	0	49.8	49.8	0	0	101.6	0	0	0	None
Iced Green Tea	Small	16 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Medium	24 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None
	Large	32 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	None

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Iced Tea & Lemonade																		
Iced Green Tee Time Tea	Small	16 oz	95	0	0	0	0	25.2	0	25.2	25.2	0	0	57.8	0	0	0	None
	Medium	24 oz	142	0	0	0	0	37.5	0	37.5	37.5	0	0	79.7	0	0	0	None
	Large	32 oz	189	0	0	0	0	49.8	0	49.8	49.8	0	0	101.6	0	0	0	None
Iced Lemonade	Small	16 oz	125	0	0	0	0	33.3	0	33.3	33.3	0	0	125	0	0	0	None
	Medium	24 oz	175	0	0	0	0	46.7	0	46.7	46.7	0	0	175	0	0	0	None
	Large	32 oz	225	0	0	0	0	60	0	60	60	0	0	225	0	0	0	None
KidZone - Cold																		
Blue & Bubbly	KidZone	10 oz	85	0	0	0	0	21	0	21	21	0	0	0	0	0	0	None
Blueberry Pomegranate Smoothie	KidZone	10 oz	170	0	0	0	0	43	2	40	38	0	0	5	0	0	0	None
Cold Milk	KidZone	10 oz	185	9.9	6.2	0	43.1	13.6	0	13.6	0	9.9	3.7	147.9	369.7	0	468.2	Milk
Frozen Campfire Cocoa	KidZone	10 oz	408	13.2	11.3	0	19.4	66.5	0.5	59.8	50.2	6.4	3.4	327.5	197.4	0.5	236.3	Milk, Soy
Frozen Cotton Candy	KidZone	10 oz	580	16.4	12.9	0	24.9	103.3	0	97.1	89.4	5.4	1.1	278.2	169.9	0	327.5	Milk, Soy
Lemonade Smoothie	KidZone	10 oz	200	0	0	0	0	52	2.7	49.3	48	0	0	0	0	0	0	None
Mango Smoothie	KidZone	10 oz	180	0	0	0	0	47	0	46	42	0	0	0	0	0	0	None
Midnight Berry	KidZone	10 oz	90	0	0	0	0	22.1	0	21.8	21.8	0	0	0	0	0	0	None
Shark Bite Slushie	KidZone	10 oz	220	0	0	0	0	57	2.3	54.7	53.5	0	0	0	0	0	0	None
Sour Melon	KidZone	10 oz	85	0	0	0	0	21	0	21	21	0	0	0	0	0	0	None
Strawberry Banana Smoothie	KidZone	10 oz	180	0	0	0	0	45	2	42	38	0	0	0	0	0	0	None
Strawberry Smoothie	KidZone	10 oz	140	0	0	0	0	36	1	34	32	0	0	0	0	0	0	None
Summer Sunrise	KidZone	10 oz	85	0	0	0	0	22	0	21.5	21.5	0	0	0	0	0	0	None
Unicorn Punch Cream Smoothie	KidZone	10 oz	410	8.6	8.6	0	0	82.7	1	74.6	68.9	2.5	0	233.5	49.2	0	172.1	Milk, Soy
KidZone - Hot																		
Hot Campfire Cocoa	Extra Small	12 oz	274	7.9	4.9	0	30.5	42.1	1.2	40.9	27.2	9.9	8.6	234.2	355.9	1.2	138.9	Milk
Hot Raspberry Truffle Steamer	Extra Small	12 oz	348	12.6	7.4	0	55.1	46.2	0	43.2	28.9	10.6	3.7	200.4	416.8	0	482.6	Milk
Matcha																		
Frozen Matcha	Small	16 oz	640	19.9	17.2	0	30.4	103.9	1.7	92.9	77.9	10.6	2.6	453.8	351.8	0	665.9	Milk, Soy
	Medium	24 oz	817	25.1	22.2	0	34.8	134.2	2.1	119.8	101.5	12.8	3	585.4	417.7	0	817.2	Milk, Soy
	Large	32 oz	993	30.4	27	0	39.1	164.1	2.5	146.2	124.9	15	3.3	715	483.3	0	967	Milk, Soy

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Matcha																		
Hot Matcha Latte	Small	16 oz	363	13.8	8.6	0	60.4	43.2	1.7	41.5	22.5	13.8	5.2	207	536.6	0	735.3	Milk
	Medium	20 oz	461	17.7	11.1	0	77.6	54.3	2.1	52.1	27.7	17.7	6.7	266.2	688.9	0	941	Milk
	Large	24 oz	540	20.7	12.9	0	90.6	63.9	2.5	61.4	32.9	20.7	7.8	310.5	804.2	0	1099.9	Milk
Iced Matcha Latte	Small	16 oz	289	9.9	6.2	0	43.1	37.8	1.7	36.1	22.5	9.9	3.7	147.9	388.7	0	548	Milk
	Medium	24 oz	387	13.8	8.6	0	60.4	48.8	2.1	46.7	27.7	13.8	5.2	207	541	0	753.7	Milk
	Large	32 oz	485	17.7	11.1	0	77.6	59.9	2.5	57.3	32.9	17.7	6.7	266.2	693.3	0	959.4	Milk
Protein - Blended																		
Blueberry Pomegranate Protein Smoothie	Small	16 oz	348	0	0	0	5	76.2	3.5	70	66.5	12	1.6	43.8	30	0	150	None
	Medium	24 oz	433	0	0	0	5	97.8	4.5	90	85.5	12	1.6	46.2	30	0	150	None
	Large	32 oz	560	0	0	0	5	130	6	120	114	12	1.6	50	30	0	150	None
Frozen Protein Horchata Blender	Small	16 oz	532	12.2	7.3	0	106.9	81.9	0	74.8	60.8	21.6	2.9	342.6	377.3	0	597.7	Milk
	Medium	24 oz	672	14.8	9	0	133.7	107.8	0	98.5	80.1	24.6	3.3	444.4	482.6	0	732.7	Milk
	Large	32 oz	816	17.8	10.9	0	161.8	133.5	0	122.3	98.8	28.1	3.8	551.2	604.8	0	888.2	Milk
Frozen Protein Matcha	Small	16 oz	687	19.8	17.2	0	35.4	104.5	1.7	92.6	77.6	22.6	4.2	486.8	381.4	0	814.5	Milk, Soy
	Medium	24 oz	867	25.1	22.2	0	39.8	135.2	2.1	119.8	101.5	24.8	4.6	620.4	447.7	0	967.2	Milk, Soy
	Large	32 oz	1043	30.4	27	0	44.1	165.1	2.5	146.2	124.9	27	4.9	750	513.3	0	1117	Milk, Soy
Frozen Protein Original Chai	Small	16 oz	679	22.3	17.9	0	41	103.9	0.9	91.3	85.8	17.2	1.6	405.8	180.1	0	491.9	Milk, Soy
	Medium	24 oz	864	28.4	23.3	0	46	135.6	1.2	119.2	111.8	18.9	1.6	532.1	225.1	0	599.4	Milk, Soy
	Large	32 oz	1004	34.4	28.5	0	51	156.6	1.1	136.7	127.5	20.6	1.6	654.4	269.3	0	704	Milk, Soy
Frozen Protein Spicy Chai	Small	16 oz	679	22.3	17.9	0	41	103.9	0.9	91.3	85.8	17.2	1.6	405.8	180.1	0	491.9	Milk, Soy
	Medium	24 oz	864	28.4	23.3	0	46	135.6	1.2	119.2	111.8	18.9	1.6	532.1	225.1	0	599.4	Milk, Soy
	Large	32 oz	1004	34.4	28.5	0	51	156.6	1.1	136.7	127.5	20.6	1.6	654.4	269.3	0	704	Milk, Soy
Frozen Protein Vanilla Bee Chai	Small	16 oz	697	22.3	17.9	0	41	109.4	0.9	96.8	91.3	17.2	1.6	405.8	180.1	0	491.9	Milk, Soy
	Medium	24 oz	887	28.4	23.3	0	46	142.6	1.2	126.2	118.8	18.9	1.6	532.1	225.1	0	599.4	Milk, Soy
	Large	32 oz	1026	34.4	28.5	0	51	163.1	1.1	143.2	134	20.6	1.6	654.4	269.3	0	704	Milk, Soy
Lemonade Protein Smoothie	Small	16 oz	400	0	0	0	5	92	4.7	86.3	84	12	1.6	35	30	0	150	None
	Medium	24 oz	500	0	0	0	5	118	6	111	108	12	1.6	35	30	0	150	None
	Large	32 oz	650	0	0	0	5	157	8	148	144	12	1.6	35	30	0	150	None

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	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Protein - Blended																		
Mango Protein Smoothie	Small	16 oz	365	0	0	0	5	83.2	0	80.5	73.5	12	1.6	35	30	0	150	None
	Medium	24 oz	455	0	0	0	5	106.8	0	103.5	94.5	12	1.6	35	30	0	150	None
	Large	32 oz	590	0	0	0	5	142	0	138	126	12	1.6	35	30	0	150	None
Protein White Peanut Butter Mocha Blender	Small	16 oz	606	18.5	9.8	0	45.5	87.8	0.8	68.9	55.8	23.8	2.7	318.7	373	0.5	776.8	Peanuts, Tree Nuts, Milk, Soy
	Medium	24 oz	774	24.5	12.5	0	51.7	113.2	1.2	88.5	71.2	28.3	3	419	476	0.8	990.4	Peanuts, Tree Nuts, Milk, Soy
	Large	32 oz	979	33.4	16	0	60	140.2	1.9	109.2	86.9	34.5	3.5	550.6	602.8	1.3	1260.2	Peanuts, Tree Nuts, Milk, Soy
Strawberry Banana Protein Smoothie	Small	16 oz	365	0	0	0	5	79.8	3.5	73.5	66.5	12	1.6	35	30	0	150	None
	Medium	24 oz	455	0	0	0	5	102.2	4.5	94.5	85.5	12	1.6	35	30	0	150	None
	Large	32 oz	590	0	0	0	5	136	6	126	114	12	1.6	35	30	0	150	None
Strawberry Protein Smoothie	Small	16 oz	295	0	0	0	5	64	1.8	59.5	56	12	1.6	35	30	0	150	None
	Medium	24 oz	365	0	0	0	5	82	2.2	76.5	72	12	1.6	35	30	0	150	None
	Large	32 oz	470	0	0	0	5	109	3	102	96	12	1.6	35	30	0	150	None
Protein - Hot																		
Hot Flavored Protein Latte	Large	24 oz	466	15.7	9.5	0	65.4	55	0	54	35	27	6.8	378	564.5	1.4	1961.5	Milk
	Medium	20 oz	406	13.4	8.2	0	56.8	47.3	0	46.3	30	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Small	16 oz	362	11.8	7.2	0	52.4	40.9	0	39.9	25	23.4	5.7	265.7	445.1	0.7	1243.1	Milk
Hot Protein Caramel Macchiato	Small	16 oz	434	14.8	9	0	61.2	51.1	0	46.6	31.6	23.4	5.7	322.5	445.1	0.7	1243.1	Milk
	Medium	20 oz	486	16.9	10.2	0	66.8	58.3	0	53.3	37	24.8	6	393.4	488.1	1.2	1697.9	Milk
	Large	24 oz	554	19.6	11.8	0	76.6	66.8	0	61.3	42.4	27	6.8	451.1	564.5	1.4	1961.5	Milk
Hot Protein Fireside Hot	Small	16 oz	408	12.2	7.2	0	52.4	50.2	0	45.7	29.9	24.3	5.7	326.9	488.9	0.7	1243.1	Milk
	Medium	20 oz	456	13.9	8.2	0	56.8	57.3	0	52.3	35	25.8	6	398.4	538.1	1.2	1697.9	Milk
	Large	24 oz	520	16.2	9.5	0	65.4	65.7	0	60.2	40.1	28.1	6.8	456.8	620.8	1.4	1961.5	Milk
Hot Protein Latte	Large	24 oz	326	15.7	9.5	0	65.4	20	0	19	0	27	6.8	378	564.5	1.4	1961.5	Milk
	Medium	20 oz	286	13.4	8.2	0	56.8	17.3	0	16.3	0	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Small	16 oz	262	11.8	7.2	0	52.4	15.9	0	14.9	0	23.4	5.7	265.7	445.1	0.7	1243.1	Milk
Hot Protein Matcha Latte	Small	16 oz	413	13.8	8.6	0	65.4	44.2	1.7	41.5	22.5	25.8	6.8	242	566.6	0	885.3	Milk
	Medium	20 oz	511	17.7	11.1	0	82.6	55.3	2.1	52.1	27.7	29.7	8.3	301.2	718.9	0	1091	Milk
	Large	24 oz	590	20.7	12.9	0	95.6	64.9	2.5	61.4	32.9	32.7	9.4	345.5	834.2	0	1249.9	Milk

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	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Protein - Hot																		
Hot Protein Original Chai	Small	16 oz	300	6.4	4	0	33	42.3	1.1	40.2	31.4	18.4	4	131.1	270.3	0	454.4	Milk
	Medium	20 oz	358	7.9	4.9	0	39.5	51.8	1.3	49.5	38.7	19.9	4.6	153.3	325.7	0	524.6	Milk
	Large	24 oz	435	9.9	6.2	0	48.1	64.6	1.7	61.9	48.3	21.9	5.3	182.9	399.7	0	618.2	Milk
Hot Protein Spicy Chai	Small	16 oz	300	6.4	4	0	33	42.3	1.1	40.2	31.4	18.4	4	131.1	270.3	0	454.4	Milk
	Medium	20 oz	358	7.9	4.9	0	39.5	51.8	1.3	49.5	38.7	19.9	4.6	153.3	325.7	0	524.6	Milk
	Large	24 oz	435	9.9	6.2	0	48.1	64.6	1.7	61.9	48.3	21.9	5.3	182.9	399.7	0	618.2	Milk
Hot Protein Vanilla Bee Chai	Small	16 oz	322	6.4	4	0	33	48.8	1.1	46.7	37.9	18.4	4	131.1	270.3	0	454.4	Milk
	Medium	20 oz	385	7.9	4.9	0	39.5	59.8	1.3	57.5	46.7	19.9	4.6	153.3	325.7	0	524.6	Milk
	Large	24 oz	468	9.9	6.2	0	48.1	74.6	1.7	71.9	58.3	21.9	5.3	182.9	399.7	0	618.2	Milk
Hot Vanilla Protein Latte	Small	16 oz	362	11.8	7.2	0	52.4	40.9	0	39.9	25	23.4	5.7	265.7	445.1	0.7	1243.1	Milk
	Medium	20 oz	406	13.4	8.2	0	56.8	47.3	0	46.3	30	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Large	24 oz	466	15.7	9.5	0	65.4	55	0	54	35	27	6.8	378	564.5	1.4	1961.5	Milk
Protein - Iced																		
Hot Protein Colorado Mocha	Small	16 oz	341	7	4.5	0	25.3	50	1.4	47.6	32.6	23.4	11.1	360.6	419.4	2	864.9	Milk
	Medium	20 oz	387	8.3	5.2	0	27.2	58.1	1.5	55.6	39.2	24.8	12	432	460	2.6	1285.3	Milk
	Large	24 oz	449	9.6	6.1	0	30.9	69.2	1.7	66.5	47.4	27	13.7	498.9	531.8	3.1	1480.2	Milk
Iced Flavored Protein Latte	Large	32 oz	396	12	7.2	0	49.2	49.9	0	48.9	35	23.3	5.4	322.6	425.9	1.4	1786	Milk
	Medium	24 oz	323	9	5.4	0	37.3	41.2	0	40.2	30	20.4	4.4	261.9	321.8	1.2	1487.2	Milk
	Small	16 oz	246	5.6	3.4	0	25.5	32.4	0	31.4	25	17.3	3.4	173.2	214.1	0.7	950.4	Milk
Iced Protein Caramel Macchiato	Small	16 oz	318	8.7	5.1	0	34.2	42.6	0	38.1	31.6	17.3	3.4	230.1	214.1	0.7	950.4	Milk
	Medium	24 oz	403	12.5	7.4	0	47.3	52.2	0	47.2	37	20.4	4.4	326.9	321.8	1.2	1487.2	Milk
	Large	32 oz	484	15.9	9.5	0	60.5	61.7	0	56.2	42.4	23.3	5.4	395.7	425.9	1.4	1786	Milk
Iced Protein Colorado Mocha	Small	16 oz	258	3.6	2.2	0	13.8	41.9	0.6	40.2	33.7	17.3	5.7	214.3	203	1.3	787.1	Milk
	Medium	24 oz	340	5.8	3.6	0	18.9	55.6	0.9	53.6	43.3	20.4	8.1	326.7	304.2	2.1	1229.3	Milk
	Large	32 oz	419	7.6	4.7	0	23.9	69.3	1.3	67	53	23.3	10.4	411.1	401.9	2.6	1433.6	Milk
Iced Protein Fireside Latte	Small	16 oz	292	6.1	3.4	0	25.5	41.7	0	37.2	29.9	18.2	3.4	234.5	257.8	0.7	950.4	Milk
	Medium	24 oz	373	9.5	5.4	0	37.3	51.2	0	46.2	35	21.4	4.4	331.9	371.8	1.2	1487.2	Milk
	Large	32 oz	451	12.5	7.2	0	49.2	60.6	0	55.1	40.1	24.4	5.4	401.3	482.2	1.4	1786	Milk

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Protein - Iced																		
Iced Protein Latte	Large	32 oz	289	13.7	8.3	0	56.8	17.3	0	16.3	0	25	6	348.4	490.6	1.4	1867.9	Milk
	Medium	24 oz	231	10.5	6.3	0	43.8	13.2	0	12.2	0	21.9	4.9	284.1	377.2	1.2	1557.4	Milk
	Small	16 oz	169	6.8	4.2	0	30.9	9.1	0	8.1	0	18.5	3.8	191.7	260.3	0.7	1008.9	Milk
Iced Protein Matcha Latte	Small	16 oz	339	9.9	6.2	0	48.1	38.8	1.7	36.1	22.5	21.9	5.3	182.9	418.7	0	698	Milk
	Medium	24 oz	437	13.8	8.6	0	65.4	49.8	2.1	46.7	27.7	25.8	6.8	242	571	0	903.7	Milk
	Large	32 oz	535	17.7	11.1	0	82.6	60.9	2.5	57.3	32.9	29.7	8.3	301.2	723.3	0	1109.4	Milk
Iced Protein Original Chai	Small	16 oz	242	4.9	3.1	0	26.6	32.8	0.8	30.9	24.2	16.9	3.4	108.9	214.8	0	384.1	Milk
	Medium	24 oz	319	6.9	4.3	0	35.2	45.5	1.2	43.3	33.8	18.9	4.2	138.5	288.8	0	477.8	Milk
	Large	32 oz	396	8.9	5.5	0	43.8	58.2	1.5	55.7	43.5	20.9	4.9	168.1	362.7	0	571.4	Milk
Iced Protein Spicy Chai	Small	16 oz	242	4.9	3.1	0	26.6	32.8	0.8	30.9	24.2	16.9	3.4	108.9	214.8	0	384.1	Milk
	Medium	24 oz	319	6.9	4.3	0	35.2	45.5	1.2	43.3	33.8	18.9	4.2	138.5	288.8	0	477.8	Milk
	Large	32 oz	396	8.9	5.5	0	43.8	58.2	1.5	55.7	43.5	20.9	4.9	168.1	362.7	0	571.4	Milk
Iced Protein Vanilla Bee Chai	Small	16 oz	259	4.9	3.1	0	26.6	37.8	0.8	35.9	29.2	16.9	3.4	108.9	214.8	0	384.1	Milk
	Medium	24 oz	343	6.9	4.3	0	35.2	52.5	1.2	50.3	40.8	18.9	4.2	138.5	288.8	0	477.8	Milk
	Large	32 oz	426	8.9	5.5	0	43.8	67.2	1.5	64.7	52.5	20.9	4.9	168.1	362.7	0	571.4	Milk
Iced Vanilla Protein Latte	Small	16 oz	246	5.6	3.4	0	25.5	32.4	0	31.4	25	17.3	3.4	173.2	214.1	0.7	950.4	Milk
	Medium	24 oz	323	9	5.4	0	37.3	41.2	0	40.2	30	20.4	4.4	261.9	321.8	1.2	1487.2	Milk
	Large	32 oz	396	12	7.2	0	49.2	49.9	0	48.9	35	23.3	5.4	322.6	425.9	1.4	1786	Milk
Protein - Sugar Free																		
Hot Protein SF Caramel Macchiato	Small	16 oz	262	11.8	7.2	0	52.4	15.9	0	14.9	0	23.4	5.7	265.7	445.1	0.7	1243.1	Milk
	Medium	20 oz	286	13.4	8.2	0	56.8	17.3	0	16.3	0	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Large	24 oz	326	15.7	9.5	0	65.4	20	0	19	0	27	6.8	378	564.5	1.4	1961.5	Milk
Hot Protein SF Fireside Hot	Small	16 oz	262	11.8	7.2	0	52.4	15.9	0	14.9	0	23.4	5.7	265.7	445.1	0.7	1243.1	Milk
Hot Protein SF Fireside Hot	Medium	20 oz	286	13.4	8.2	0	56.8	17.3	0	16.3	0	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Large	24 oz	326	15.7	9.5	0	65.4	20	0	19	0	27	6.8	378	564.5	1.4	1961.5	Milk
Hot SF Flavored Protein Latte	Large	24 oz	326	15.7	9.5	0	65.4	20	0	19	0	27	6.8	378	564.5	1.4	1961.5	Milk
	Medium	20 oz	286	13.4	8.2	0	56.8	17.3	0	16.3	0	24.8	6	328.4	488.1	1.2	1697.9	Milk
	Small	16 oz	262	11.8	7.2	0	52.4	15.9	0	14.9	0	23.4	5.7	265.7	445.1	0.7	1243.1	Milk

	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Protein - Sugar Free																		
Iced Protein SF Caramel Macchiato	Small	16 oz	146	5.6	3.4	0	25.5	7.4	0	6.4	0	17.3	3.4	173.2	214.1	0.7	950.4	Milk
	Medium	24 oz	203	9	5.4	0	37.3	11.2	0	10.2	0	20.4	4.4	261.9	321.8	1.2	1487.2	Milk
	Large	32 oz	256	12	7.2	0	49.2	14.9	0	13.9	0	23.3	5.4	322.6	425.9	1.4	1786	Milk
Iced Protein SF Fireside Latte	Small	16 oz	146	5.6	3.4	0	25.5	7.4	0	6.4	0	17.3	3.4	173.2	214.1	0.7	950.4	Milk
	Medium	24 oz	203	9	5.4	0	37.3	11.2	0	10.2	0	20.4	4.4	261.9	321.8	1.2	1487.2	Milk
	Large	32 oz	256	12	7.2	0	49.2	14.9	0	13.9	0	23.3	5.4	322.6	425.9	1.4	1786	Milk
Iced SF Flavored Protein Latte	Large	32 oz	256	12	7.2	0	49.2	14.9	0	13.9	0	23.3	5.4	322.6	425.9	1.4	1786	Milk
	Medium	24 oz	203	9	5.4	0	37.3	11.2	0	10.2	0	20.4	4.4	261.9	321.8	1.2	1487.2	Milk
	Small	16 oz	146	5.6	3.4	0	25.5	7.4	0	6.4	0	17.3	3.4	173.2	214.1	0.7	950.4	Milk
Smoothies																		
Blueberry Pomegranate Smoothie	Small	16 oz	298	0	0	0	0	75.2	3.5	70	66.5	0	0	8.8	0	0	0	None
	Medium	24 oz	383	0	0	0	0	96.8	4.5	90	85.5	0	0	11.2	0	0	0	None
	Large	32 oz	510	0	0	0	0	129	6	120	114	0	0	15	0	0	0	None
Lemonade Smoothie	Small	16 oz	350	0	0	0	0	91	4.7	86.3	84	0	0	0	0	0	0	None
	Medium	24 oz	450	0	0	0	0	117	6	111	108	0	0	0	0	0	0	None
	Large	32 oz	600	0	0	0	0	156	8	148	144	0	0	0	0	0	0	None
Mango Smoothie	Small	16 oz	315	0	0	0	0	82.2	0	80.5	73.5	0	0	0	0	0	0	None
	Medium	24 oz	405	0	0	0	0	105.8	0	103.5	94.5	0	0	0	0	0	0	None
	Large	32 oz	540	0	0	0	0	141	0	138	126	0	0	0	0	0	0	None
Strawberry Banana Smoothie	Small	16 oz	315	0	0	0	0	78.8	3.5	73.5	66.5	0	0	0	0	0	0	None
	Medium	24 oz	405	0	0	0	0	101.2	4.5	94.5	85.5	0	0	0	0	0	0	None
	Large	32 oz	540	0	0	0	0	135	6	126	114	0	0	0	0	0	0	None
Strawberry Smoothie	Small	16 oz	245	0	0	0	0	63	1.8	59.5	56	0	0	0	0	0	0	None
	Medium	24 oz	315	0	0	0	0	81	2.2	76.5	72	0	0	0	0	0	0	None
	Large	32 oz	420	0	0	0	0	108	3	102	96	0	0	0	0	0	0	None
Eats & Treats - Bakery																		
Banana Chocolate Chip Bread			469	17	5.6	0	49.5	49.5	2.4	27.6	20.1	5.6	0.3	405.5	27.9	2.5	234.8	Milk, Egg, Wheat, Soy
Blueberry Maple Nut Scone			541	25	11	0	31	70	2	21	18	9	0.6	582	91	3	128	Tree Nuts, Milk, Wheat, Soy
Cheese Danish			434	27	17	0	74	40	1	10	8	7	0.4	479	83	1.8	93	Milk, Wheat
Chocolate Croissant			396	23	14	0	52	43	2	14	13	7	0.6	412	43	3.5	121	Milk, Wheat, Soy

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	Size (S/M/L)	Size (oz)	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Carb (g)	Fib (16)(g)	Sugar (g)	SugAdd (g)	Prot (g)	Vit D-mcg (mcg)	Sod (mg)	Calc (mg)	Iron (mg)	Pot (mg)	May Contain (Allergens)
Eats & Treats - Bakery																		
Cinnamon Roll			713	37	23	0	119	85	3	40	38	10	1	497	84	3	120	Milk, Egg, Wheat
Double Chocolate Chip Muffin			468	23	9	0	63	62	3	38	37	7	0	285	53	5	365	Milk, Egg, Wheat, Soy
Frosted Lemon Bread			421	18	6	0	62	59	1	38	37	6	0	247	37	2	83	Milk, Egg, Wheat
Gluten Free Cinnamon Bread			461	25	16	0	123	54	2	32	31	4	0.3	339	54	0.7	100	Milk, Egg
Gluten Free Pumpkin Bread			345	18	4	0	61	46	2	27	26	4	0.3	369	23	0.9	159	Egg
Plain Croissant			351	20	13	0	55	36	1	7	5	6	0.5	432	41	2	60	Milk, Wheat
Pumpkin Chocolate Chip Bread			383	16	5	0	42	58	2	39	38	5	0.3	227	22	2.6	169	Egg, Wheat, Soy
Eats & Treats - Breakfast																		
Apple Cinnamon Oatmeal			290	4	1	0	0	57	6	20	0	8	0	115	10	0.9	130	None
Bacon Burrito			450	20	9	0	75	42	3	3	0	25	0	1050	0	0	0	Milk, Wheat, Soy, Egg
Bacon Cheddar Egg Bites			400	33	17	1	280	8	0	2	0	15	1.1	660	180	1.2	200	Milk, Egg, Soy
Biscuit Sandwich			460	33	15	0	145	27	0	3	1	15	1	1040	177	2	239	Milk, Egg, Wheat
Blueberry Cobbler Oatmeal			330	3	0.5	0	0	58	7	18	0	9	0	280	10	0.1	10	Milk
Cherry Danish			440	25	16	0	70	45	1	15	11	7	0.4	465	74	2	108	Milk, Wheat
Chorizo Burrito			470	23	11	0	190	41	3	2	0	23	0	730	0	0	0	Milk, Wheat, Soy, Egg
Egg & Cheese Burrito			430	19	9	0	75	42	3	3	0	21	0	590	0	0	0	Milk, Wheat, Soy, Egg
Everything Bagel Sandwich			380	19	7	0	120	33	1	3	2	19	1	790	149	2	185	Milk, Egg, Wheat, Sesame
Fruit Nut Oatmeal			320	7	1	0	0	56	6	19	2	9	0	85	20	1	160	Milk, Tree Nuts
Gluten Free Breakfast Sandwich			616	41	14	0	219	43	1	7	7	20	1	1153	232	1	160	Milk, Egg
Plain Bagel Sandwich			270	9	4.5	0	95	32	1	4	2	15	0	630	132	2	111	Milk, Egg, Wheat
Spicy Sausage Burrito			450	21	10	0	175	42	3	2	0	22	0	690	0	0	0	Milk, Wheat, Soy, Egg
Tomato Feta Egg White Bites			230	16	8	0	40	9	1	2	0	13	0.4	570	150	0.3	210	Milk, Egg, Soy
Waffle Sandwich			500	34	14	0	125	35	0	12	11	15	0	540	28	0	145	Milk, Egg, Wheat, Soy
Eats & Treats - Lunch																		
Cheesy Chicken Melt			400	20	11	0	55	39	1	2	0	17	0.2	1040	370	2.5	290	Milk, Wheat, Soy
Grilled Cheese			390	23	14	1	70	29	1	5	4	15	0.3	610	320	1.8	120	Milk, Wheat
Ham & Swiss			410	22	12	0.5	85	32	1	7	6	23	0	1080	280	2.2	240	Milk, Wheat
Turkey & Pesto			700	31	7	0	50	69	0	0	0	35	0.2	1740	370	4.7	580	Milk, Wheat
Eats & Treats - Treats																		
Apple Spice Cake Pop			140	6	3	0	10	20	0	14	14	1	0	150	26	0.2	47	Milk, Egg, Wheat, Soy

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Eats & Treats - Treats																		
Birthday Cake Cake Pop			140	6	3	0	10	20	0	14	14	1	0	150	26	0.2	47	Milk, Egg, Wheat, Soy
Cherry Chip Cake Pop			180	7	4	0	10	23	0	18	18	2	0	180	30	0.2	60	Milk, Egg, Wheat, Soy
Chocolate Chip Cookie			449	21	12	0	84	62	2	36	36	6	0.3	265	22	3	133	Milk, Egg, Wheat, Soy
Cookies N Cream Cake Pop			140	6	3	0	10	20	0	14	14	1	0	150	26	0.2	47	Milk, Egg, Wheat, Soy

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